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This book is published without a *Table of Contents* because the author believes that the information is presented in an optimum length and order for its particular wide breadth and admittedly shallow depth; with that said, I want to mention also that this book provides an introductory level education on holistic and naturopathic medicine. The actual science presented here is debatable and not a topic where the author has any formal education, but I believe that this text will provide the patient with knowledge of options that they might not otherwise know about, and therefore this book can provide hope, which is the most important thing to have in a cancer situation. Also please note that the contents of this book are the author's opinion as of the time of publication; and as the topic is a potentially fatal medical condition, please seek other opinions – from a minimum of five other points of view on this subject – before you make any decisions regarding that condition; if you cannot do that, please stop reading this book right now.

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## **Historical Considerations**

Cornelius Rhodes was openly a racist who said all Puerto Ricans should be killed. In 1931, when Rhodes worked as a pathologist at the Rockefeller Institute for Medical Research, he purposely killed thirteen Puerto Ricans by giving them cancer and watching them die. So of course, the powers that be trusted him to establish and run the U.S. Army Biological Warfare facilities in Maryland, Utah, and Panama, and he was named to the U.S. Atomic Energy Commission, and he purposely killed American soldiers and civilian hospital patients by exposing them to radiation and documenting how the resulting cancers killed them.

Oh, but that's the 30s, eh? Well, in 1963, Chester M. Southam purposely killed twenty-two African-Americans the same way ... so of course, he eventually became the President of the American Association for Cancer Research!

Guess what? The American Association for Cancer Research was run by Rockefeller puppets. Both psychopathic serial killers – Rhodes and Southam – were puppets for the Rockefeller agenda. And as you will realize later in the book, the Rockefeller agenda isn't just racist against Puerto Ricans and people of African descent. It seems the head of the Rockefeller family thinks within a paradigm that is apart from humanity, so therefore the Rockefeller agenda appears to be one of competition against humanity in general.

*“The Rockefeller interests have developed the most far-reaching industrial empire ever conceived [...].”*

*-Morris A. Bealle – THE DRUG STORY (1949)*

In 1870, John D. Rockefeller Sr., and his brother William (the same William who, to the dismay of President Woodrow Wilson, set up the Federal Reserve in 1913), assembled a company called Standard Oil, which allied itself with railroads and bought all oil barrels, in order to undercut the prices of over two hundred and fifty competitors, ultimately destroying its competitors and thus becoming the foundation for a record breaking, record setting, financial empire.

Contact lenses, crayons, credit cards, deodorant, diapers, dice, dolls,

elastics, golf balls, hair curlers, helmets, garden hoses, those trays that make ice cubes, shampoo, shaving cream, soap, sunglasses, all sorts of toys that babies and tots play with, running shoes, skis, tennis rackets, and tennis balls, tents, umbrellas, garbage bags, gasoline, that stuff that makes pharmaceutical pills solid, the frames of automobiles, car-batteries, fabric, cameras, candles, boats and other vehicles, balloons; it's all made from oil and oil derivatives.

Tires, combs, CDs, and DVDs, boots, bottles, pillows, pipes, purses – all also are made from oil and oil derivatives.

Toothpaste, parachutes – those two too are also made from oil and oil derivatives.

Clothes, paint, the kind of film which is used for movies, mops, lipstick, life-jackets, pest repellent – we're living in a matrix of products that make those who control oil – the Rockefeller family – very, very rich.

But for the sake of this book, let's focus on the fact that the Rockefellers profit from the sale of the oil-based substances that hold pharmaceutical pills together in their pill shape.

Four percent of the affluent population are on the payroll, or otherwise in support of sustaining the fine details of the illusion that is the oil matrix. Among this network of four percent of the affluent are the decision makers in many areas of power.

"For more than a century, ideological extremists at either end of the political spectrum have seized upon well-publicized incidents to attack the Rockefeller family for the inordinate influence they claim we wield over American political and economic institutions. Some even believe we are part of a secret cabal working against the best interests of the United States, characterizing my family and me as 'internationalists' and of conspiring with others around the world to build a more integrated global political and economic structure - one world, if you will. If that's the charge, I stand guilty, and I am proud of it."

-DAVID ROCKEFELLER, *MEMOIRS*, pg. 405

In the early 20<sup>th</sup> century, Rockefeller gave generous donations and sponsorships for medical schools whose research was based on drugs that are manufactured with chemicals that are produced and sold by Rockefellers. Medical schools that refused to play along were refused funding, and since the students were more attracted to the richer schools, the herbal and nutritional and natural and otherwise "alternative" schools mostly vanished.

The Rockefeller run chemical companies – in particular I.G. Farben – which was the parent company of General Mills, Kellogg's, Nestle, Proctor & Gamble, and other "brand names" who produce food that, despite what the big-pharma-funded mainstream media says, is deficient of nutrition.

When you consume the brand name foods from big chain grocery stores, you are giving money to the Rockefellers, and you are giving yourself nutritional deficiencies that will cause your Doctor to prescribe drugs for you. And when you buy those drugs, you are giving money to the Rockefellers.

Since Rockefeller money runs the World Health Organization to set up similar policies and agencies worldwide, it's important to note that in the USA, Rockefeller money runs the following so-called "Federal Agencies" in ways that

result in making more money for the Rockefellers: Administration on Aging, Administration for Children and Families, Agency for Healthcare Research and Quality, Agency for Toxic Substances and Disease Registry, Center for Biologics Evaluation & Research, Center for Devices And Radiological Health, Centers for Disease Control and Prevention, Center for Drug Evaluation and Research, Center for Food Safety and Applied Nutrition, Centers for Medicare & Medicaid Services, Environmental Protection Agency, Food and Drug Administration, Health Resources and Services Administration, Indian Health Service, National Cancer Institute, National Center for Complimentary And Alternative Medicine, National Center For Minority Health and Health Disparities, National Eye Institute ...

... National Heart, Lung, and Blood Institute ...

... National Health Service Corps, National Human Genome Research Institute, National Institute on Aging, National Institute on Alcohol Abuse and Alcoholism, National Institute of Allergy and Infectious Diseases, National Institute of Arthritis and Musculoskeletal and Skin Diseases, National Institute for Biomedical Imaging and Bioengineering, National Institute of Child Health and Human Development, National Institute on Deafness and Other Communication Disorders, National Institute of Dental and Craniofacial Research, National Institute of Diabetes & Digestive & Kidney Diseases, National Institute on Disability and Rehabilitation Research, National Institute on Drug Abuse, National Institute of Environmental Health Sciences, National Institute of General Medical Sciences, National Institutes of Health, National Institute of Mental Health, National Institute of Neurological Disorders and Stroke, National Institute of Nursing Research, National Institute for Occupational Safety and Health, National Vaccine Program Office, National Women's Health Information Center, President's Council on Physical Fitness and Sports, Substance Abuse and Mental Health Services Administration.

Herbalism and nutrition were the main pillars of western medicine until the depression of the 1930s crippled the medical schools so badly that the Rockefeller Foundation was easily able to take over the medical schools. The Rockefellers were big players in the chemical industry, so when they took over the western medicine industry, they destroyed entire libraries about herbalism and nutrition, so that they could re-engineer the medical industry to focus primarily on the use of drugs that are made using chemicals that Rockefeller's factories produced.

Most Medical Doctors are reasonably good people, I think. Most Doctors get their continuing education from medical journals that are funded by the pharmaceutical companies, so most doctors have no idea that the financial agenda of the Rockefeller Foundation, which funds and sets policy for the medical schools and the hospitals, has led to medical training that does not teach Medical Doctors how to cure cancer, despite the fact that cures exist.

Yes, "cures exist" is what I said.

Western medicine included cures for cancer when western medicine included herbalism and nutrition and holistic practices.

This book isn't anti-Medical Doctor. Medical Doctors are superheroes every time they diagnose a patient with anything, and they are superheroes

whenever anyone needs emergency surgery.

Medical Doctors spend years studying to learn which drugs are used to treat which conditions, but they're not taught that the drugs they prescribe repurpose nutrients that are already in the bodies and cause diseases to manifest further along the line which are diseases of deficiency of the nutrient that was repurposed by the earlier drug, and the treatment for the new disease is a drug that's made by the same company that caused the new disease.

The companies that sell the drugs gave you more reasons to buy from the companies that sell the drugs.

Medical Doctors spend years learning how to handle various technologies, but they're not taught that those technologies are less effective than herbs, plants ... and simply getting enough fruits and vegetables! For example, Dr. Krebs found that a chemical in apricot kernels called Laetrile does more against tumors than any existing chemotherapy; however, Dr. Krebs' work was suppressed because the Rockefeller family was making a ton of money from selling chemotherapy systems to hospitals and medical schools which used chemicals that were produced by their chemical companies. And the late David Rockefeller ran most of the world's media through an alliance he created called The Trilateral Commission. And the Rockefeller foundation is the backbone of the World Health Organization, not to mention the funder of most medical schools. So you ain't gonna read in a medical text book that Laetrile fights tumors better than standard (as in "Standard Oil") chemotherapy as long as the Rockefellers are making money from selling chemotherapy devices. The only thing Doctors are taught about herbs is that some herbs have a psychoneuroimmunological effect, which is to say that some herbs work because the patient believes they'll work. The truth is that all herbs are natural substances which God put on earth for our use to heal each-other, and there are herbs for every illness which work better than all drugs.

The information I provide in this book goes against the financial interests of the drugs, surgery, chemo, and radiation business, the mainstream cancer industry, an industry which -- in the USA alone -- is worth an estimated 1 trillion dollars. The information in this book is a gift intended to help allow for the health and well being of humanity. There will be a medical version of the Nuremberg Trials -- but until then, enjoy books like this one.

Drugs, Surgery, Radiation, and those Chemotherapies which have been standard from the mid 20<sup>th</sup> century to the early 21<sup>st</sup> century, only add obstacles; it's easier to cure cancer if potentially toxic chemotherapies are completely avoided. I hope that some readers of this book are high school students who will spread the "three-prong" protocol which this book describes later, among their peers and parents and teachers and relatives.

All drug side effects are chemical induced illnesses, and they can sometimes be unspeakably cruel. A breast cancer drug called Tamoxifen causes uterine cancer. Pharmaceutical drugs are never preventatives because if they were then the manufacturers would lose business.

Surgery is a massive shock to the system; it uses carcinogenic anaesthesia and increases the risk of cancer in the scar tissue; it's only good when the threat to life is immediate, like an obstruction in a vital organ.

The currently standard "chemo" uses toxic petrochemical drugs in the hope of killing the disease before killing the patient. Often, chemotoxicity

victims will die of pneumonia, either as a chemically induced illness as a result of the chemo, or because the hospital put the patient on a saline drip with such a low pH -- such as 5.7 -- that the central nervous system and/or the immune system shut down. The sick joke is that pneumonia is the body's defense against tumors, pneumonia kills tumors, so since pneumonia also sets the stage for further chemical induced side effects from the chemotherapy drugs, the doctors can do autopsies on patients who died during pneumonia and see that those patients don't have any tumors, so they can write up a statistic in favor of those toxic chemotherapies.

Pneumonia is lung infection that often expresses itself as a body-temperature of 104 degrees Fahrenheit, whereas that's also the body-temperature that causes all tumors within that person's body to disintegrate.

*“At autopsy we would hear, ‘Isn’t that marvelous! The tumor is gone!’ Yes, it was, but so was the patient.”*

*– Dr. Philip Binzel.*

The chemotherapy drug cisplatin usually depletes your magnesium levels so dangerously low that it can lead to cardiac and brain damage.

If the patient has already undergone any potentially toxic chemotherapy, please cease potentially toxic chemotherapies immediately, and seek out detoxification methods, while also using the cancer treatment methods that are described within this book.

The chemotherapies which have become standard have become standard because they work on occasion; however, they always add A LOT of obstacles which, using what we now know about non-toxic alternatives, are unnecessary obstacles that hopefully cancer patients in the majority of the 21<sup>st</sup> century won't have to deal with because students of this book will have developed non-toxic chemotherapies. A common potentially toxic chemo chemical is fluorine which can cause a HELL of a lot of problems, one of which is bone cancer. Why do they treat bone cancer with a chemical that can cause bone cancer? Because of layers upon layers of cognitive dissonance and confirmation bias which occur in the high pressure medical schools, where the pressure is so high that students make mental compromises where a cluster of info is accepted as a map of a subject when in fact there are many specifics deeper into the topic which would flip the whole paradigm, and the rush of medical school doesn't give the students enough time to fully deconstruct what they're taught, to reconstruct the parts that fit into what they know.

The person who is knowledgeable about cancer knows that the patient is the only person who can cause the cure to happen. The person who is knowledgeable in the topic of cancer can only give the patient hints and clues and nudges in the right direction, but the patient makes all the decisions. And that's why the arrogance filled cancer business will never have a 100% consistent cure -- because they train the doctors to believe that the doctors are the ones who are causing the curing to happen ... and in the case of cancer, the patient is the only one who can make the cure work.

## **The “Three Prong” Cure Protocol**



Cancer does have a cure. I didn't discover it. I believe that Dr. Leonard Coldwell had figured it out, whether he'll admit it or not; he's the one who put the main pieces of the puzzle together. The puzzle pieces came from a variety of sources who were trying different things. I put what I found from Dr. Coldwell, and other sources, into this book.

Dr. Leonard Coldwell cured over 35000 cancer patients in his clinic in Germany before said clinic was shut down by the government because he wasn't employing drugs, surgery, chemo, or radiation.

The research that went into writing this book revealed Dr. Coldwell's method, and I've re-phrased it into a "three prong strategy;" it is a holistic approach which I believe helps the body to heal itself. I believe that this approach can consistently work enough times, with enough people, that, as time progresses, it can be considered an official cure, and just the regular everyday way how people know to deal with cancer, eventually.

But first, a note about chemotherapy. I believe that chemotherapy is always the wrong choice.

Almost all North Americans have an imbalance of intestinal flora – specifically overgrowths of candida -- caused by having even one pharmaceutical antibiotic in their lifetimes. There is a link between candida overgrowths and cancer, and so a viable holistic approach to cancer is to tackle the overgrowths of candida.

It turns out that cancer is inexpensively curable, but toxic chemotherapies are the horrific normal for modern cancer treatment. Although the following "three prong" protocol is a way to inexpensively cure cancer, you will very likely face extreme opposition when attempting the cure.

All you really need to know is the following "three prong" protocol.

RELAX - THERE IS A SUPPRESSED CURE FOR CANCER ... and, for aforementioned reasons, you won't hear about it in the mainstream media, but it works, but it doesn't work if you can't relax while following the protocol. It does work if you do relax. Relax.

Hand this book to any friend or family member who has just been diagnosed with cancer, as an intervention before that person agrees to any chemotherapy and/or radiation. If you have been handed this book, your life has just been saved. This book describes a suppressed method for curing cancer which doesn't involve chemotherapy and/or radiation. This book explains how to cure yourself, and you are not mistaken to believe what's written here.

Do not submit to chemotherapy and/or radiation; they are poisons which are pillars of a black art.

You never have to accept that you have cancer, because it'll be gone within the next quarter-year if you follow this particular suppressed three-prong cancer cure strategy which involves body alkalization, a candida cleanse, and digestive enzyme supplements. As those prongs require explanation, so please read at least the "three prong" protocol in this book before you take any actions.

In the 1930s, Nobel Prize winner Dr. Otto Warburg identified the link between body alkalization and tumor eradication, in his suppressed (by the pharmaceutical industry) book “Cancer - Its Cause And Its Cure”. Then, in the 1950s, Dr. Reginald Holman confirmed that link with experiments. So, the first prong is a body alkalization strategy. The alkalization strategies I’ll suggest do not include an alkalizing diet, as I haven’t been convinced that such a diet exists. The second and third prongs are a Candida Cleanse Diet, and Digestive Enzyme Supplements.

Most North Americans have a candida overgrowth because they’ve taken at least one (that’s all it takes) pharmaceutical antibiotic in their life. Dead overgrown candida is a component of all tumors (other components include mutated and atrophied cells which the immune system recruited to “dog-pile” onto the overgrown candida, and a sugar called glucosidase), and 100% of cancer patients also have an overgrowth of candida. Normally, candida overgrows because the pancreas gets overburdened. When the pancreas is overburdened, such as by having too much sugar or high fructose corn syrup in your diet, the pancreas doesn’t produce enough digestive enzymes to keep the regular sized candida (which is actually an important thing that you’re supposed to have in your intestines) sliding along the intestinal walls. When this happens, candida burrows tunnels in the intestinal walls which collect undigested and not fully digested food, which the candida eats, causing it to become overgrown candida that bursts out of the intestines, floats randomly throughout the body, and gets stuck somewhere by mutated and atrophied cells which the immune system recruited to stop it. Someone should animate a cartoon to communicate this process.

This three prong strategy does cure cancer: Body Alkalization Strategy, Candida Cleanse Diet, Digestive Enzyme Supplements.

Try to do all three of these prongs at the same time, if it is within your resources to do so. And during the entire month or two of following the following instructions, it is important that you also supplement with “Beyond Tangy Tangerine” from a company called Youngevity, and “Plant Derived Minerals” also from Youngevity; this supplementation is to make sure you get great nutrition during the diet which is prong 2. Do all three prongs at the same time.

And here are instructions for how to do the three prong strategy:

**Prong 1 of 3) Body alkalization strategy. (Start ASAP)**

Buy 35% Food Grade Hydrogen Peroxide, and a dropper. Put eight drops of 35% Food Grade Hydrogen Peroxide into a cup of aloe juice. Do this an hour before, or three hours after, every meal for 35 days.

OR do one of the other body alkalization strategies that are in this book, such as cannabis oil ...

Ingest cannabis oil orally at a dosage of ¼ drop, three times a day. Then, gradually -- between five weeks and ninety days -- comfortably increase your serving to ⅓ gram, three times a day. Do not exceed this serving, but keep taking it until the tumors are resolved.

... OR this baking soda protocol ...

One teaspoon of baking soda (which doesn't contain aluminum, from a health food store) mixed in a cup of water, taken three cups a day for one week, then one teaspoon mixed in a cup of water, taken twice a day (an hour before, or three hours after meals) for the second week, then one teaspoon mixed in a cup of water, taken once a day (an hour before, or three hours after a meal) for the third week. Then quit after the third week. The first week is to quickly raise your pH to the right level. The second and third weeks are for maintenance. You have to quit after the third week.

... OR the most effective 35% Food Grade H2O2 protocol.

On days 1-to-3, put three drops of 35% Food Grade H2O2 in a cup of water that you drink an hour before, or three hours after breakfast, put three drops of it in a cup of water that you drink an hour before, or three hours after lunch, and put three drops of it in a cup of water that you drink an hour before, or three hours after supper.

On day 4, put four drops into a cup of water an hour before, or three hours after, breakfast, lunch, and supper.

Add a drop each day, until day 25, when you are drinking water with 25 drops added to it, an hour before, or three hours after, all three meals.

Whenever the hydrogen peroxide causes a dizziness or nausea, the next day is the same day. For example, if day 16 is the first day when you experience dizziness or nausea, the next day is another day 16, with 16 drops added to the water you drink an hour before, or three hours after, each meal.

Day 25 is whichever day you're getting 25 drops an hour before, or three hours after, each meal, regardless of how long it took to reach what's called Day 25.

It's important to give yourself time to digest before you take an alkalizing factor.

**Prong 2 of 3) Candida cleanse diet. (For 30 days, starting one or two days after your diagnosis.)**

Buy a 90-meal supply (a full month, 3 meals a day), and restrict your eating to ONLY any and all vegetables, and (and maybe including): Grape Seed Extract, Vitamin C, Undecenoic Acid OR Caprylic Acid, Digestive Enzyme Supplements, Chicken, Rice, Millet, Rice Bran, Oat Bran, Eggplant, Lemons, Limes, Garlic, Onions, Cabbage, Broccoli, Turnip, Kale, Fish, Fowl, Olive Oil, Butter, Coconut Oil, Oregano Oil, Natural Sugarless Yoghurt. And, I must remind you, that all vegetables are compatible with this diet.

Only for that first month of having your diagnosis, you need to avoid eating or drinking any of the following: sugar (if you need a sweetener, use stevia), anything that was made with flour, potatoes, simple carbohydrates such as parsnips, chips, crisps, and crackers; alcohol, mushrooms, cheeses, red meats, and margarine.

### **Prong 3 of 3) Digestive enzyme supplements. (Start ASAP)**

Papaya Enzyme, and/or other digestive enzyme supplements. Follow the dosage suggestions on the labels.

Now then ...

If you've read this far, and if you've looked up any word or concept you didn't understand so far, you can cure your cancer.

Now Go Cure Your Cancer, And/Or Read Further For More Information

You are the target demographic (intended audience) for this book if you are experiencing that short window of time after your Doctor has diagnosed you with cancer, and your Doctor estimated that you'll live for at least two months or more, and chemotherapy and/or radiation has been suggested but not scheduled yet; if it has been scheduled, do not show up for your appointment.

You are here, this is happening. You have actually just been diagnosed with cancer. You'll be cured in months if you use the data in this book INSTEAD of doing what most professional Oncologists have been trained to tell you to undergo, specifically chemotherapy. Do not subject yourself to chemotherapy or radiation.

Laugh, smile, be cheerful, and walk away from any Doctors, as politely and courteously as you can. You are not going to be another victim of chemotherapy.

So why should you listen to a writer instead of a Medical Doctor? Because I'm giving you answers. Even if you were told that you only have two months left, you will win this fight if you read this book and tell the unwoke people to mind their own business.

I'm not making these statements lightly. If a Doctor has given you at least two months left to live, and that Doctor wants to try aggressive chemotherapy, run the hell away from that Doctor, and either do the "three prong" protocol I mentioned, or read the whole book and do it better. This plan addresses three underlying causes, and it will extend your life beyond the two months of the Doctor's estimate, and then it will gradually solve the problem completely.

Yes, I'm writing about a cure. And the system is so messed up that many won't believe what I'm saying. In fact, a psychiatrist wrote on a document about me: "He writes weird stuff: alternative cancer treatments, etc." Oncologists and Psychiatrists are just not in touch with the sources I had access to when I wrote the early drafts of this book; it's important that we politely communicate with them to bridge the gaps.

## **Four Month Plan For Someone Who Was Told They Have Two Months Left**

We'll call the first thirty days after your diagnosis "month one." Here's your four month plan. You will survive to see the whole plan through, and you will defeat your cancer, so don't worry. Buy enough food and nutritional supplements for a 90-meal supply (a full month, 3 meals a day) including some to many of the following supplies: Grape Seed Extract, Vitamin C, Undecenoic Acid OR Caprylic Acid, Digestive Enzyme Supplements, Chicken, Rice, Millet, Rice Bran, Oat Bran, Eggplant, Lemons, Limes, Garlic, Onions, Cabbage, Broccoli, Turnip, Kale, Fish, Fowl, Olive Oil, Butter, Coconut Oil, Oregano Oil, Natural Sugarless Yoghurt, and A WIDE VARIETY OF ANY VEGETABLES WHATSOEVER.

If you've got enough of the above listed supplies that you can ration those foodstuffs and supplements into 90 meals, great! Now here's the fun part: you'll have to avoid eating or drinking any of the following: sugar (if you need a sweetener, use stevia), anything that was made with flour, potatoes, simple carbohydrates such as parsnips, chips, crisps, and crackers; alcohol, mushrooms, cheeses, red meats, and margarine.

Read and follow whatever dosage suggestions are on the labels for the Grape Seed Extract, Digestive Enzyme Supplements, and either/or Undecenoic/Caprylic Acid. Also, take 3000mg of Vitamin C per meal. Chase all supplements with fluoride-free, alkaline water.

So, this is your diet for "month one", your first full month of having the cancer diagnosis. I don't know if I can remind you enough, but while you are eating this diet during your first month, you cannot afford the drama which would be caused by telling any suppressive people about your diagnosis, and/or about your choice to follow the plan which this book is about.

### **Cancer Is Curable**

Chemotherapy and radiation are dangerous lies; they are lies which you must overcome. You've been lied to about medicine. If a Doctor calls a cancer incurable, that Doctor is a liar. That's enough about that for now – do your own research! Or don't! Your choice!

### **Back To The Cancer Strategy**

During month one, while you are on the above diet, read the remainder of this book and plan to initiate a strategy to alkalize your saliva pH as soon as possible.

After month one is over, you may decide to let sugar, alcohol, cheese, etc, back into your diet, to the extent of your enthusiasm about celebrating the completion of your first month. Relax, eat and drink whatever you're enthusiastic about, and continue taking the Grape Seed Extract, Digestive Enzyme Supplements, and even the Vitamin C if you want to, but discontinue the Undecenoic or Caprylic Acid.

If you've already had any chemotherapy, you are not the intended audience of this book. That doesn't mean you're not allowed to read it, it just means that you already know that the effects of most chemotherapies can add

to the terror. Most Oncologists are terrorists. Whether or not your chemo is causing you scary times, stop receiving chemotherapy. Most chemotherapy is useless, most pharmaceutical drugs are bad, thimerosal in vaccines causes problems, and so on.

If you have had any chemotherapy, it is vital that you cease receiving any further chemotherapy. One theory is that cilantro and chlorella may be effective in removing chemotherapy chemicals from the body. But to my knowledge, that's just a theory. Chelation therapy is available from some Doctors if you're willing to put your hope on a theory.

I just know what works if you avoid chemo; that's why I told you to turn away from the Doctor and watch anime and buy specific healthy foods and supplements.

What you've been waiting to read someone write bluntly is that cancer is curable. Well, believe it or not, I just told you how to cure cancer. Read this whole book and you'll know how to successfully address three underlying problems in your body, thus curing cancer; it's simple.

I write this in a time when, as recently as 2016, I recall instances reported in media about chemotherapy being forced on cancer patients against their will. This is a time when there are places in the world where people are receiving vaccines against their will. Psychotropics are also given to many people who know that those specific drugs are a "soft-kill weapon" against humanity, and therefore many people are forced to submit to psychotropics.

Most people haven't studied the reasons why "medications" which are known to be non-nutritious and linked to negative effects are the current standard in a world where in the 1930s, Dr. Otto Warburg (who won a Nobel Prize for something else) wrote a book called "Cancer: Its Cause And Its Cure," a book that got buried and hidden by the medical establishment, the mainstream media, and is not applauded in the journals of academia, which are mainly published by only six publishing houses.

Dr. Otto Warburg claimed that cancer cannot survive in an alkaline body. Science was done by Dr. Reginald Holman who experimented on rodents in the 1950s. Dr. Reginald Holman used very small servings of hydrogen peroxide (as in small quantities of single drops) to raise the pH of water which mice who had tumors drank, and all the tumors were gone in 15-to-60 days. Therefore, Dr. Reginald Holman's science has shown us that tumors can't survive in an alkaline body. But the issue of pH is only one of the three underlying issues. The other two are: overburdened pancreas, overgrown candida.

If you have cancer, you also have a candida problem. The diet I outlined at the beginning of this book will most likely fix your candida problem in one month. And if you were actually able to get alkaline, non-fluoridated water ... or if you even got enough vegetables, that diet (which, may I remind you, includes chicken \*yummy meat\*) may also alkalize your body, which is two out of three underlying issues addressed in the first month, a much better start to your epic win against cancer than chemotherapy ever has been.

This book is about equipping people with knowledge so that they can defeat cancer with 100% efficacy when chemotherapy, radiation, drugs, and surgery, are avoided. Do get surgery if the tumor is causing an obstruction, or if the Doctor says any other reason why surgery is urgent.

## **AN EXPENSIVE WAY TO ALKALIZE THE BODY**

Cannabis oil is one example of an alkaloid, which can be used to raise the body's pH. We didn't have any cannabis oil when we were fighting my dad's cancer, but if you have access to cannabis oil, which is really expensive for the amount you'd need, ingest it orally at a dosage of ¼ drop, three times a day (an hour before, or three hours after, meals). Then, gradually -- between five weeks and ninety days -- comfortably increase your serving to ⅓ gram, three times a day. Do not exceed this serving, but keep taking it until the tumors are resolved. Although myself and my dad had watched the cannabis oil documentary *Run From The Cure* together, we chose other, cheaper alternative treatments to raise his body's pH, resulting in the disappearance of all the tumors that were in his body. People still make the mistake of saying that my dad died from cancer. He died from the rapid weight-loss that is attributed to drugs Doctors gave him. Before he died, we got rid of his tumors, using alternative medicine. But sadly, the information we gathered hadn't been pieced together until it was too late, my dad had already done two chemotherapy sessions. There will be more on this story later.

Years before my dad died, my Aunt Alina also died from chemotherapy.

After it seemed Alina had her cancer for quite a while, I visited her in the hospital. My Aunt Alina and I spent between 45 minutes to 90 minutes chatting about a variety of things. One of the things I asked her was if she was trying any alternative treatments. As I recall, she told me about one that she was trying called Vitamin B17. But she candidly expressed little optimism that it'd still work on her as well as some people claim it does, at least not with all the chemotherapy that was in her. And she ended up being right about that. All I knew about alternative medicine for cancer at that time was that little nug of information that she told me: that Vitamin B17 is something that some people claim fights cancer.

Years later, when both my dad and my brother Darren had cancer, I watched a documentary about Vitamin B17 on the internet, called *World Without Cancer*.

## **MY INTRODUCTION TO THIS TOPIC**

My dad took a breath, and he heard a tick, like a clock.

Then, that tick accompanied every breath, along with a pressure that forced his exhales to have more pressure than his inhales. So after every few breaths, he'd have to gasp a bit to catch up. This gasping led to coughs which ... after about a year ... got so extreme that he went to a hospital. At the hospital, there was a moment when he was left with my brother Sam, unattended by any doctors, in an examination room. My dad started choking on mucous and organic matter; it got really urgent, and he couldn't breathe. My brother Sam yelled for a doctor to come in. A doctor came in, and resolved the matter, and said that if it weren't for Sam getting the attention of a doctor, my dad would have choked to death.

Soon thereafter, my dad got the cancer diagnosis.

The Oncologist told my dad that with or without treatment, he had two years to live; and either way, those two years would be a slow and painful death; still, the doctor said it was urgent that my dad receive treatments with the conventional allopathic chemotherapy chemicals cisplatin, fluorouracil, and docetaxel.

Three days after my dad's second treatment with conventional allopathic chemo"therapy", he was admitted to the hospital, where he had such a weak immune system that they put him into Palliative Care, which is where people are put to die, and that's also where he had several close calls with death. Then, when his immune system was a bit stronger, they moved him to intensive care, where he had more close calls. I hadn't even visited him in his first few days of being in the hospital. I was scared. I didn't want to believe that he was as much at risk of dying as he was; I didn't want to believe it. As long as I didn't see him, I didn't have to acknowledge that his health was in such bad condition.

Some years previous, I was similarly afraid of visiting my aunt Alina, but I ended up visiting her, so it would have been stupid to not go visit my dad. I went on a day when things were looking very down.

In my dad's hospital room, we talked about interesting things, and told each-other stories, for a while. It was really good. Then he said he wanted to rest, I left. But before I left, he told me to return the next day with a few episodes of a particular radio show so that he could listen to them in the hospital. The next day, I returned with DVDs that had some episodes that I thought he'd like, only to learn that the portable DVD player my dad had with him did not play MP3s. So he was depressingly sick in the hospital, and he couldn't even listen to the audios that he was interested in listening to.

After eight dramatic days of being in the hospital, the Doctors were already trying to sell him on the idea of more conventional allopathic chemo chemicals that most oncologists themselves are afraid of. But since my dad was finally in a condition wherein he could exit the hospital, he fled; it was obvious that the conventions for allopathic chemo have taken a harmful turn, so therefore it was obviously wise and rational to explore the landscape of alternatives.

July 2nd, 2009 was a t-shirt weather summer day that was twelve days after my dad's second chemo treatment, exactly one day AFTER my dad was released from his eight day stay at the hospital. That's when my dad and I begun exploring "alternative" medicine.

At that time, a radio host named Jason Bermas, who put decent talk-shows online at the time, had recently mentioned G. Edward Griffin's video and book called World Without Cancer. So, I had watched the video, and it was about Vitamin B17. Something clicked in my mind:

Vitamin B17 was the one alternative treatment Alina mentioned. So I scoured the internet until I found a list of healthy foods that contain Vitamin B17. From a web-site, I had transcribed a list of sources of Vitamin B17 onto a piece of paper. With that piece of paper grasped tightly in my hand, myself and my dad dashed to the car which my dad drove forth into a late summer morning, beginning our epic quest into the realm of alternative medicine. The first leg on our journey was when we went on that quest to raid all the health food stores for any and all products that had some B17 in them.



The first few health food stores we went to resulted in some sliced almonds ... and some pessimism was starting to set in because other than almonds, no one had any of the items that were mentioned on my list. We almost weren't going to go to the last health food store that we went to on that day. But we did, and when we stepped through that door, and entered the store, I showed my list to the woman who managed the store, and she immediately recognized the list.

She asked, "Which one of you has cancer?"

That question added optimism. For one thing, it showed my dad that the list I acquired was something that another person knew about.

The journey truly began when my dad answered her question; he said that he's the one who has cancer. She asked where it is. He said his throat. She asked him if he ever has problems communicating how he feels which I recognized as a brilliant question because of info my friend Joanne Yanke -- a yoga teacher and BodyTalk practitioner -- had previously provided to me about the throat chakra.

Then the woman who managed the health food store said, "All these products have B17 in them." We explained that we saw a documentary about B17, and I found the list on the internet. She then hooked us up with a bag of apricot kernels and an antioxidant supplement called Oxy-5000 Forte, by a company called American Biologics. She told my dad that she had sixteen years of experience working at an alternative cancer treatment clinic down south, and she assured my dad that he'll be fine if he takes four apricot kernels per meal, and two Oxy-5000 Forte antioxidant pills per meal.

So we bought them.

The next day, I was searching the web, and I came across an article about GCMAF, a promising treatment for cancer. The article was on the internet, and it had been written by a health researcher whose name I said in earlier drafts of this book, but won't say it in this one because he got the web-site called Scribd to take down an earlier draft of this book, and he had no right to do that -- I intend to put this draft on many web-sites. Under the headline was his name, and under his name was his e-mail address. Since the article left out certain details, and since GCMAF was unavailable at the time, I wrote an emotional note to him about my dad, and I ended the note with, "If you had cancer, what EXACTLY would you take?" He replied, but he didn't directly answer that question. And after a few more e-mails, he told me, "15,000 IU vitamin D3, 100 mg resveratrol and same of quercetin, 4000mg of IP6 rice bran, 12000 mg of flaxseed oil, and sprinkle on some crushed garlic clove. Do that every other day." Although he said to do 15,000 IU of vitamin D3, and although we did in fact follow that instruction, a lot of people who study the sciences regarding health might say that that is too high of a daily dose, and it is entirely possible that they are correct about that.

So we never tried GCMAF -- instead, we found all the ingredients the researcher recommended, in the local health food stores.

What that health researcher said to do "every other day," my dad did EVERY DAY for about four months, in addition to taking the aforementioned Oxy-5000/b17 regimen.

Within the first two months, my dad's arthritis completely cleared up. And it never returned.

Then we got a follow up CT scan, and the doctor at the Saskatoon Cancer Centre told my dad the two words that struck fear into his heart: “it’s growing.” I wasn’t in the room with him when he was given that information, but he told me that he felt really sad. He felt really defeated. He felt as if he would consider surrendering to more of their conventional allopathic chemo.

But my dad was able to get a print out of the catscan data, which was great because we had an earlier one to compare it to. He gave me those papers, and I spent hours using resource materials to decipher the text. And when I deciphered it, I was shocked. I double and triple and quadruple, etc, re-checked and re-checked it. In comparison to previous information, it made it obvious to me that all of the tumors in his body were shrinking EXCEPT the one in his throat, which was growing.

When the doctor said, “It’s growing,” he meant the one in my dad’s throat. And he neglected to mention that the many other little tumors were shrinking.

So, equipped with the information that the laetrile, the antioxidant pills, and the double-serving of a health researcher’s suggested mixture, were effectively defeating tumors in some parts of my dad’s body, we decided to continue as we were doing, while also researching and trying other options, in hopes that something would address the throat tumor.

So I saw a video on the internet about a promising cancer treatment called DCA. We ordered some from a company in England. They sent it to us in the mail. And my dad took it for the next four months, while ALSO doing all the other aforementioned stuff, and then when we got the next CT scan, the doctors told us that my dad’s tumors were growing. But we requested the printout of the data from the CT scan. I used reference materials to decipher it, and it became obvious that some of my dad’s tumors had vanished. That’s right, we defeated some tumors using “alternative” methods, and the rest were still shrinking EXCEPT the one in his throat, which was still growing ... and actually getting quite scary.

Shortly after that, we acquired some baking soda from a health food store, and we started a protocol that I found out about on the internet. The protocol was one teaspoon mixed in a cup of water, taken three cups a day for one week, then one teaspoon mixed in a cup of water, taken twice a day for the second week, then one teaspoon mixed in a cup of water, taken once a day for the third week. Then quit after the third week. The first week is to quickly raise your pH to the right level. The second and third weeks are for maintenance. You have to quit after the third week. The web-site which contained that tip did not say why you’re supposed to quit after the third week. So during the three weeks while he was doing that baking soda protocol, it was the first time when my dad reported that some of the pain in his throat was starting to go away. It became obvious that the tumor in my dad’s throat was finally starting to shrink.

And by this time, I had researched a ton of different supplements, so I was asking my dad to try a variety of different mixtures of supplements, oils, etc, to see how they’d help. And that’s when I collected a large percentage of the data that’s contained in this book.

When baking soda was obviously starting to help with my dad’s throat, we really started to realize the reality of the link between body pH and cancer,

so we got into getting litmus paper for measuring the pH of his body fluids, and we started taking seriously stuff we were hearing about 35% Food Grade Hydrogen Peroxide.

I learned that using oxygen therapy via small servings of H<sub>2</sub>O<sub>2</sub> (such as eight drops of 35% food grade hydrogen peroxide in a cup of water) causes oxygen to be distributed into your body through the digestive system rather than through the lungs; it can have many benefits, especially for the digestive system which is connected with a whole spectrum of health issues. Each time you do oxygen therapy in the ways which will be explained in this book, flaws in your digestive system heal, causing healing of flaws in all areas of your body. The digestive system is in charge of getting nutrients throughout the body, and oxygen is a very important nutrient, and there is oxygen in the small servings of H<sub>2</sub>O<sub>2</sub>. That oxygen does not cause any bad types of free radicals, nor does it cause any bad types of oxidative damage; eight drops in a cup of water is such a perfect dilution that oxygen gets digested as if it were food, and that oxygen gets put where it's needed, just like how the digestive system would get food to where it needs to go; and in going there, it allows good bacteria to fix damage that has been caused by acids.

And that's around the time when I discovered material by Dr. Leonard Coldwell on the internet, and he's had huge success with therapies based on raising the pH of the body from acidic to alkaline. So it was obvious that switching to 35% Food Grade Hydrogen Peroxide would more directly address the pH issue than the baking soda, without the potential for aluminum toxicity which was a concern regarding the baking soda, so my dad switched to 35% Food Grade Hydrogen Peroxide ... and to only do a teaspoon of baking soda on occasion ... as well as a variety of supplementation regimens that I was experimenting with, and learning a lot about. Some earlier versions of this book included an example supplementation regimen, but I have since found it unnecessary to include that content in this publication.

But while he was using the 35% Food Grade Hydrogen Peroxide is when extremely dramatic improvements began to happen. The constant pain in my dad's throat mostly vanished. But while the tumor in my dad's throat was depleting, the lymph node on the side of his face began getting inflamed. And that's one of the many things that were almost fully resolved a week before he died.

But anyway, when it was obvious that the tumor in his throat had shrunk a lot, we had a very difficult time getting a follow up CT scan. When we finally got the scan in August, those bullies bullied my dad into getting a tattoo -- an actual tattoo -- for positioning purposes regarding radiation therapy that my dad had no intention of ever receiving. Those bullies at the Saskatoon Cancer Center ganged up on my dad and bullied him into getting that tattoo. They strongly implied that if he didn't get the tattoo, then they wouldn't show him the results of the catscan.

And of course, when they showed him the results, they lied that the catscan was revealing a worse situation. But when I saw the print-up and deciphered it, we learned that -- as of August -- my dad only had one little tumor fragment in his throat, and it was much smaller than before, and all the other tumors that had been all over the insides of his body had completely vanished.

So my dad died at 1pm on December 28th 2010, because we didn't chelate chemo chemicals from his body in time. Those chemicals can stay in the body for decades unless chelated, and they were causing my dad to experience Cachexia (wasting syndrome), which includes weight loss, muscle atrophy, fatigue, weakness, and significant loss of appetite. His chemotherapy-induced cachexia was progressing too fast for us to keep up with in our very low budget.

His final couple of months were literally a party because we enjoyed marijuana (on a nurse's suggestion) while discussing many things. We did more living in days than most people do in entire years. His issues were all resolving themselves at a nice pace, except the weight-loss and muscle-loss, but we thought we were keeping up with it, and that it would vanish after the other issues vanished. And the other issues were vanishing. His quality of life got really good, especially in his final week. In his final week, it seemed that all of his problems were resolved. In his final week, he was running, dancing, enjoying life. It seemed like all his problems were in the past. And then while he was sleeping peacefully on a recliner, his light sleep simply stopped.

I'm convinced that he was cured for a whole week before he died. Methods you'll find in this book, brought him to a week of great health. And many witnesses can back-up that he was in great health during his final week.

To all those people who believe there's NO CURE FOR CANCER, cancer is a set of underlying issues, a symptom of which is tumors, and I helped my dad to defeat a bunch of tumors! We defeated tumors, not by using woo woo or hocus pocus or unscientific methods. I conducted an investigation into the cancer topic, starting from only a blank piece of paper and my best wits; that's how I investigated it, and I helped to defeat several tumors in my dad by using MY method of investigation!

MY method of investigation included the idea that when a book or website suggested a method of treatment that when we tested it, it yielded observable real-world positive results that I observed, which reflected their online claims, I then studied the sources that were cited by that book or website.

My dad's participation in my investigation has made him as many human test subjects as he had tumors, test subjects for treatments for that many different "cancers." And from my tests and studies, it is obvious that tumor causes -- low pH and overgrown bacteria -- are the same causes of two thirds of the entire spectrum of disease. The other cause of disease is toxic elements such as what is currently the standard allopathic chemotherapy treatments. Therefore and thus, a person who learns how to bring a cancer patient who's had chemo treatments within the current paradigm back to health is a person who learns the skill-set required for bringing anyone back to health, because the fundamentals of cancer are the fundamentals of the spectrum of human illness.

But with all the above stated, I must mention that although we defeated tumours, drugs the Doctors gave him resulted in his death before we could know if we defeated the underlying issues; we'd know that if he had survived and remained tumour-free within the next five years.

After my dad died, and I finally had time to assemble all the data I collected, it became obvious that to cure cancer, a person must avoid

treatments within the current toxic chemotherapy paradigm, and just relax while eating a candida cleanse diet, using stevia instead of sugar, supplementing with digestive enzymes and chlorophyll, and drinking non-fluoridated, alkaline water.

Relaxation is vital because the autonomic nervous system includes the sympathetic nervous system which during stress regulates cellular activity by not allowing your cells to absorb nutrients, and the parasympathetic nervous system which during relaxation regulates cellular activity by allowing your cells to absorb nutrients.

Sugar can contribute to the burning out of the pancreas, whereas the sweetener Stevia aids in the pancreatic function of producing the digestive enzymes that keep the bacteria in the intestines from evolving into bacterial overgrowths. When you've used too much sugar, instead of stevia, the pancreas becomes overburdened, and bacteria in the intestines overgrows, burrows its way out of the intestines, and escapes into the body. The immune system recruits mutated and atrophied cells to attack the overgrown bacteria. If the area is too acidic, those cells get stuck to it, sticking it to where-ever it is, and it becomes a lump. If the area is alkaline, the cells kill it, and the whole shebang gets released gradually through your body's methods of releasing materials.

If you've just got diagnosed with one of these pesky lumps, it means you're way overdue for a vacation. Relax, perhaps read comics, watch movies, maybe download and watch entire seasons of shows you might enjoy. Eat stevia instead of sugar, get a reverse osmosis water filter, or an Ecolobue Atmospheric Water Generator ( <http://www.ecolobue.com> ) , and add chlorophyll supplements to your daily routine.

Many supplement companies crush nutritional substances into powders that they form into either capsules or tablets. Then they pour those capsules or tablets into a bottle, and they pop on a label that includes suggestions for recommended dosages. The recommended servings are where you should begin. You can often exceed the suggested serving recommendations on bottles of herbal capsules or tablets, whereas you should never ignore the recommended dosage suggestions on a bottle of capsules or tablets of a drug. Although herbs and drugs are both sold in capsules and tablets, herbs and drugs are entirely different. You can eat plenty of capsules and tablets of a wide variety of herbal supplements before you will experience any negative reactions or "side-effects" or signs of an over-serving, whereas sometimes taking the recommended dose of a drug will kill you.

Relaxation and chlorophyll supplementation will alkalize our body, so that your body is no longer the right environment for such a lump. Add using stevia (rather than sugar), along with using pure alkaline water, will resolve the lump naturally.

People who believe in chemotherapy are zombies. And the two people in my neighbourhood who told me to include bloodroot in my book are jellyfish. Save the jellyfish.

## ***ASCLEPIUS' STAFF***

Greek Myth calls Asclepius a healer who spied on snakes as they collected healing herbs for each-other, until he knew how to heal the spectrum of human illness using herbs; his healing prowess became so legendary that I borrowed the title Asclepius' Staff from a novel a very talented, albeit cruel (long story) local author posted to the web.

In modern times, tragically flawed greedy people have set up a tragically flawed greedy system that favours ineffective ego-made chemo drugs over effective God made herbs, herbs like burdock, a root that can be mixed in salads or tea.

This book explains, in rational logic, effective treatments - the logic is founded on a cancer theory which states that tumors are a symptom of an overburdened pancreas in a low pH body with an overgrowth of candida bacteria. This book poses a theory for why treatments that are designed within that theory are effective. And although the success of those methods may appear to be in accordance with the theory for why those treatments are effective, following contrary information might be just as effective due to any deeper theory. Although the theory this book highlights favours a vegetarian diet over the evils of fast food, it recognizes that if you are such a big fan of fast food that you are enthusiastic about the idea of eating it, then the chemicals that go through your body when you feel enthusiasm trigger your autonomic nervous system to allow your cells to absorb what little nutrients are in those fast foods. Meaning that if you absolutely hate vegetables - if vegetables stress you out - then you should focus on eating what you enjoy, even if you're a huge fan of "junk food." This is a paradox that maybe you should forget in favor of the earlier mentioned "three prong" protocol which I know a scientific basis for why it works.

Cancer is a disease of low pH. Various oxygen-based therapies can raise your pH only if the chemicals that go through your body when you feel enthusiasm trigger your autonomic nervous system to allow your cells to absorb that oxygen.

A high pH -- over 7.36 -- even kills the overgrown bacteria that the cancer cells get stuck to. That bacteria feeds on sugar and many other things that its own craving will cause you to crave; in fact, that bacteria's craving for such things is why you crave those things. But your guiltless enthusiastic following of that honest craving will raise your pH and kill the bacteria. YOU are a trap for all that's bad for you. Being YOU destroys what's bad for you, even if it got into YOUR body. The only thing that can survive in your body is YOU, and the only body that YOU can maintain is YOURS. You maintain your body by being YOU.

Although meat is acidic and thus it allows for the environment where cancer can thrive, meat is also muscle, so if you've had chemotherapies that can result in muscle-loss, raw meat has enzymes that can help to sustain your muscles. If you are a meat-eater, then to eat meat is part of your personality and your body expects a regular serving of meat; in that situation, cutting off meat can lead to stress and acidosis anyway. If you're a meat eater, gobble up those rare and medium rare steaks and kill those animals, and enter those eating contests, and go to those barbecues, because the chemicals in your body that you feel as the emotion of enthusiasm will trigger your autonomic nervous system to allow your cells to absorb enough oxygen to offset the meat's acidity.

Your body is an incredible machine that was designed around YOUR soul, to be YOUR interface with the world; that's why when YOU ARE enthusiastic, YOUR body's autonomic nervous system allows cells to be oxygenated, whereas oxygenation raises pH which allows health; therefore, the sources of YOUR enthusiasm are the sources of YOUR health. So, embrace honestly your personality! Your personality is the tapestry of all those things that trigger your enthusiasm. The cure for even the worst cancer (if you've avoided the toxic chemotherapies which have become the standard operating procedures of the allopathic medical paradigm from the mid 20th century to the early 21st century) is to spend two months filling each of your days with ONLY what YOU are enthusiastic about, also known as taking a vacation. When you have cancer, to vacation is both your vocation and your avocation -- but vocation and avocation are just a false dichotomy, just be YOU.

Although the three prong strategy this book recommends can be entirely done without the use of any herbs, it's important to note that herbal-ism and nutrition were the main pillars of western medicine until the economic depression of the 1930s crippled the medical schools so badly that the oil-based synthetic drugs industry was able to take over the medical schools. In fact, until 1936, marijuana was widely prescribed for a variety of conditions because of the vitamin and mineral content of marijuana that can be taken advantage of by eating it, rather than smoking it.

The drugs, surgery, chemo, and radiation, which most Doctors nowadays prescribe for cancer are counter-productive because the three prong strategy this book recommends works to cure cancer, and any Medical Doctor who knows this while still using those counter-productive measures, is not to be trusted; it's as simple as that. If you believe that most Medical Doctors are reasonable good people, please read the book *Confessions of a Medical Heretic* by Mendelsohn M.D..

Most Doctors get their continuing medical education (CME) from medical journals that are funded by pharmaceutical companies, so most Doctors have no idea that the financial agenda of the Foundations which fund and set policy for the medical schools and the hospitals, has led to medical training that does not teach Medical Doctors how to cure cancer, despite the fact that the three prong strategy which this book recommends works.

Although the three prong strategy for curing cancer, which I have already explained in workable detail in this book, can be done in a way which avoids all herbs (although I don't see why anyone wouldn't include herbs in salads while they're doing their candida cleanse diet), it is important to note that it is my belief from what I have gleaned from what I have read regarding the history of the matter, that western medicine included cures for cancer when western medicine included more herbalism.

This book isn't anti-Medical Doctor entirely. Medical Doctors are heroes every time they accurately diagnose a patient with anything, and they are superheroes whenever anyone needs emergency surgery.

Medical Doctors spend years studying to learn which drugs are used for each condition, but they're not taught that the drugs they prescribe repurpose nutrients that are already in the body and cause diseases to manifest further along the line which are diseases of deficiency of the nutrient that was repurposed by the earlier drug, and the treatment for the new disease is a drug

that's made by the same company that caused the new disease. You'd have to have a perfect diet to avoid "side effects," and if you're seeking the help of a medical professional, you probably don't have a perfect diet, and the medical professional is more likely to give you drugs than eating tips.

The companies that sell the drugs create the problems that give you more reasons to buy from the companies that sell the drugs.

Medical Doctors spend years learning how to handle various technologies, but they're not taught that those technologies are less effective than herbs, plants ... and simply getting enough fruits and vegetables! For example, Dr. Krebs found that a chemical in apricot kernels called Laetrile does more against tumors than any existing chemotherapy; however, Dr. Krebs' work was suppressed.

So why haven't you heard before that a three prong strategy works for curing cancer? You just haven't, that's why. Now I'm telling you, so now you've heard it. The only thing Doctors are taught about herbs is that some herbs have a psychoneuroimmunological effect, which is to say that some herbs work because the patient believes they'll work. The truth is that all herbs are natural substances which God put here for our use to heal each-other, and there are herbs for every illness which work better than all drugs.

That's not to say that all pharmaceutical drugs are bad. It is my belief and conviction that most cancer drugs and most psychotropics (another related issue) are bad. I'm not saying that psychotropics cause cancer, as I don't know if that's the case, but I'm just saying that most -- probably all -- prescription psychotropics are counter-productive. Just like how the pharmaceutical interests make a lot of money on cancer, the pharmaceutical interests also make a lot of money on psychiatry. The information I provide in this book specifically goes against the financial interests of the cancer industry; that is the drugs, surgery, chemo, and radiation business -- the mainstream cancer industry, an industry which -- in the USA alone -- is worth an estimated 1 trillion dollars.

The drugs, surgery, radiation, and chemotherapies, which have been standard from the mid 20th century to the early 21st century, only add obstacles; it's more than possible to cure cancer if chemotherapies are completely avoided.

All drug side-effects are chemical induced illnesses, and they can sometimes be unspeakably cruel. A breast cancer drug called Tamoxifen causes uterine cancer. Pharmaceutical drugs are never preventatives because if they were then the manufacturers would lose business.

Surgery is a massive shock to the system; it uses carcinogenic anaesthesia and increases the risk of cancer in the scar tissue; it's only good when the threat to life is immediate, like an obstruction in a vital organ.

The currently standard "chemo" uses toxic petrochemical drugs in the hope of killing the disease before killing the patient. Often, chemotoxicity victims will die of pneumonia, either as a chemically induced illness as a result of the chemo, or because the hospital put the patient on a saline drip with such a low pH -- such as 5.7 -- that the central nervous system and/or the immune system shut down. The sick joke is that pneumonia is the body's defense against tumors, pneumonia kills tumors, so since pneumonia also sets the stage for further chemical induced side effects from the chemotherapy



drugs, the doctors can do autopsies on patients who died during pneumonia and see that those patients don't have any tumors, so they can write up a statistic in favor of those toxic chemotherapies.

Pneumonia is a body-temperature of 104 degrees Fahrenheit, whereas that's also the body-temperature that causes all tumors within that person's body to disintegrate.

"At autopsy we would hear, 'Isn't that marvelous! The tumor is gone!' Yes, it was, but so was the patient." - Dr. Philip Binzel.

The chemotherapy drug cisplatin usually depletes your magnesium levels so dangerously low that it can lead to cardiac and brain damage. Cisplatin was one of the chemo drugs those unwoke savages gave my dad, and his heart just stopped on December 28th, 2010.

And now it's 2019, and another of my Aunts has died from chemotherapy. Early in her fight against cancer, her husband laughed, "Doctor Alan," when the concept of listening to what I had to say on the subject was brought up, so she withered away from unnecessary chemotherapy. That's how badly people are manipulated by the cancer industry, a product of a deliberately dumbed down education industry.

If the patient has already undergone any chemotherapy, please cease chemotherapy immediately, and seek out methods of detoxifying your body from those chemicals, while also using the cancer treatment methods that are described within this book.

Although somehow chemotherapy works 3% of the time, it always adds a lot of obstacles. Most Oncologists wouldn't prescribe chemo for themselves or their families.

## **What Is Cancer?**

Digestive enzyme supplements, such as Papaya Enzyme, are an important prong in the three prong cure, because insufficient digestive enzyme production by the pancreas (which can be caused by sugar or high fructose corn syrup, or having had even one pharmaceutical antibiotic in one's lifetime) can lead to a problem that every cancer patient has: candida overgrowths floating through their bodies. If it weren't for this problem, tumors couldn't form in the first place. And unless you've taken proper precautions after taking any pharmaceutical antibiotics in your life, you've got a problem with overgrown candida attracting mutated and atrophied cells (which were recruited by your immune system to stop the candida overgrowths), because those mutated and atrophied cells mix with dead candida overgrowths, and a sugar called glucosidase, to ultimately become those things we call tumors. I have a suspicion, which is a conspiracy theory, that Leukemia is diagnosed when there are a lot of these harmless mutated and atrophied cells in the body, regardless of whether or not they're fighting candida by dogpiling on it so it suffocates or starves to death. And by the way, when candida dies in that manner, it becomes a component of a tumor in the process.

Let me re-illustrate that: If insufficient digestive enzyme goes untreated, a single-celled bacteria called candida is able to burrow pockets into the walls

of the intestines. Undigested and not fully digested food gets trapped in these pockets and goes rancid, then candida eats it. The candida metabolizes that food, and the candida grows into a multi-cellular fungal mucous which is a transmutation of the candida. Let's call this an overgrown candida.

In 1997, Professor Dan Burke, and his team at Aberdeen University, published the first evidence that all tumors contain the enzyme CYP1B1.

The overgrown candida floats through the blood system and the lymph system, collecting imperfect cells which the medical establishment says had been damaged by the oxygen variety of renegade electrons called “free radicals,” but were actually damaged by another process which remains obfuscated by the elitist availability and wording of medical literature. The process of moving through the body while integrating more damaged – such as by mutation or atrophy – cells into its form, is called metastasis. During metastasis, the overgrowth is the adhesive which imperfect cells stick to as a cluster which floats through the body and eventually gets stuck or lodged somewhere, and is referred to as a “tumor.” Even with the dead candida overgrowth disintegrating into an adhesive which keeps tumors stuck together, the CYP1B1 in tumors is affected by salvestrols, helping the tumors to disassemble.

## **SALVESTROLS**

At Leicester University, Professor Burke joined up with Professor Gerry Potter of the Cancer Drug Discovery Group, and they discovered that salvestrols appear naturally in red fruits and green vegetables. Salvestrols are an antifungal that interacts directly with CYP1B1, causing tumors to disassemble.

Natural sources of salvestrols include raw red fruits, raw green vegetables, many raw herbs (not marijuana), and some web-sites sell salvestrol supplements in capsule form.

To give some perspective: A diet of three meals of 90% fruits and vegetables contains 100 units of salvestrols, whereas the salvestrols capsules you can find sold on the internet contain 1000 units of salvestrols per capsule, and one of those web-sites recommended that a cancer patient takes six salvestrols capsules per day.

When a salvestrol comes into contact with a tumor, it is absorbed into the tumor, and it makes contact with the enzyme called CYP1B1, triggering a metabolic process which converts the salvestrol into a smaller substance which releases the cluster of imperfect cells from the overgrown candida, thus shrinking the tumor. The imperfect cells make their way into the lymph system from where they are then expelled from the body. But you've still got overgrown candida to deal with; it can create more tumors if you don't deal with it.

Salvestrols are severely depleted in modern food compared with the human diet even a century ago. The introduction of modern intensive farming methods means we now use disease control spray programmes on food crops which inhibit the natural production of Salvestrols. In addition, manufacturers of fruit juices are actively removing Salvestrols to improve the sweetness of their products. Salvestrols are a bitter tasting component that is only present in trace amounts in red fruits and green vegetables.

So, this re-enforces the importance of raw red fruits, raw green vegetables, papaya enzyme (a substitute for human digestive enzyme), and salvestrols. I'm NOT specifically talking about papayas. The medicinal enzyme is only present in papayas that are picked at a certain part of the season. There is at least ten days between when a papaya is picked and when it reaches the grocery store shelf. You need the enzyme from the supplement pills that are available from health food stores.

### **The Rare Cancer Lie:**

There is no such thing as a rare form of cancer. Tumors are tumors. A tumor is called a different form of cancer based on where it is in the body, and based on how it's spreading, but all tumors are made of the same stuff. For many reasons (although usually because of high fructose corn syrup), a pancreas can produce too little digestive enzyme sometimes. At those times when the pancreas doesn't produce enough digestive enzyme, a single-celled critter in the body called candida eats the undigested food, and not fully digested food, from the sides of the intestines. That critter dies while giving birth to (or pooping-out) a multi-cellular critter which is basically comprised of fungal mucous. This clumpy critter floats all throughout the blood system, throughout the lymph system, throughout the entire body, collecting cells that had been damaged by something that definitely wasn't highly reactive electrons that had just left an oxygen atom. Eventually, this clump, of fungal mucous and enzyme, has collected a big enough cluster of damaged cells that it gets stuck at a random spot in the body. It's given a different name based on where it got stuck, but it's the same thing. EVERY tumor is made of the same material, every tumor is a clump of irregular cells that had been damaged by something other than oxygen radicals, mixed in a clump of fungal mucous with an enzyme called CYP1B1. And all tumors are white because of the fungal component. You may have heard of people with red or blue tumors – but you wipe stuff off of it, it's white!

### **Axioms**

When you try to solve a mystery, you look for the axioms. Axioms, with regards to diseases, are details that are the same in ALL cases of that disease. Axioms are very valuable. The axioms regarding cancer are:

- The bodies of everyone who has a growing tumor has an acidic pH.
- Tumors always follow an overburdened pancreas.
- Tumors cannot form in a body that does not have an overgrowth of candida, and likewise an existing tumor cannot continue to grow in a body where the candida is not overgrown. Axioms are key clues in any mystery.

Although I often tell people that all the versions of this book are about "alternative medicine," there's no such thing as "alternative medicine." There's medicine that works, and there's medicine that doesn't work. Often the

medicines that are referred to as "alternatives" work, whereas often the medicines that are referred to as "medically proven" do not work. For example, most of the people who get the flu are those who got the flu shots.

The most important thing that people who have just been diagnosed with cancer should know is that they must, at all costs, avoid chemotherapy! Barely anyone survives five years past a chemotherapy treatment. We have the internet now, and there are people on it who are communicating about alternatives (I'll continue using that word despite what I said in the previous paragraph) which don't cause any uncomfortable side-effects, and which fight cancer better than chemotherapy anyway ... which is an understatement, because chemotherapy often is a cause of cancer, and a cause of its spread.

I know that the highly trained doctors want you to get the toxic chemotherapies because the government gives them no other choice, and I know that the media, which – in the USA – is made-up of several networks that are controlled by four corporations that are on a leash from the government -- portrays chemotherapy as if it is some kind of hero, even though statistics show that chemotherapy only gets the job done 3% of the time. The doctors and the media work within a paradigm called “consensus reality.” That’s the reality that the lowest common denominator understand because it is fed to them constantly and repeatedly by the governments who've ordered their country's media corporations to lie on certain topics. Reality – REAL reality – works within a thing called a basal paradigm, AKA the TRUTH, and it takes a lot of studying of back-stories to understand many of the truths which a lot of people with fancy titles would rather you didn't know because their careers are to come up with backwards stories to hide them.

I know that doctors are highly trained, but MODERN science hasn't yet explored all the things which seven-to-ten thousand years of humans on the Earth, have explored. There are things your Doctors don't know. The word "scientist" is a label, and an unfair one at that. Every moment you observe, you are doing science. Everyone observes, the blind observe what those who can see can't hear. So much of history, so much of what's been observed, hasn't been recorded. Human knowledge contains way more than what modern science has studied. There are more people with knowledge who work outside the establishment than those who work within the establishment, and most knowledgeable people know to avoid chemotherapy.

More people die from chemotherapy than from tumors, or what they label cancer! Chemotherapy destroys the immune system so that the pneumonia that would kill the tumors catalyzes muscular dystrophy and quick weight-loss, so you die during the fever or pneumonia that your body triggered to take care of the tumor, and the death is either related to the fever or pneumonia, or tumor or cancer, but not the chemotoxicity which is the true cause. The medical establishment attributes the death -- which was caused by the fast weight - loss and muscular dystrophy that was caused by a process that was catalyzed by chemotherapy chemicals that can stay in your body to potentially trigger this death any time between the administering of the chemo, to decades from then, decades after you thought your cancer was cured, you succumb to death attributed to cancer, really caused by quick weight -loss and quick muscle loss catalyzed by the high fever you still have until the moment you die ... a fever which was actually your immune system's natural cancer killer ... a

fever which would have saved your life if you would have never used chemotherapy, but you've used chemotherapy -- even decades ago -- and that fever catalyzed a reaction with the chemo chemicals that caused the quick muscle loss and quick weight loss which led to your death. And, in addition to the damage to the immune system that was caused by the chemotherapy, the Palliative Care Unit in the hospital will put you on a saline drip with a pH of 5.7 – such a low pH will gradually destroy the immune system, and then the central nervous system; it's all about freeing up beds for the next customers ... because the so-called people who run the hospital system, who fund the foundations that, because of that money, can keep the heart of the medical system pumping and the arteries of the medical system flowing: THOSE SO-CALLED PEOPLE created the money system, used it to get into their positions to run the world, to be the enemies in decision making positions all throughout many systems in the world of the game. It's just a game, a game in which "they" keep cheaper alternatives to chemotherapy out of the media and schools and religions "they" run, so that you have to play the game, a simple game which is to solve the puzzle for yourself, the puzzle of why you got cancer, and how to cure it.

And, if you don't take seriously anything else from this book, please -- for the love of the side of good -- realize that chemotherapy causes ONLY problems, and some of those problems make you require drugs that are manufactured by the same companies who manufactured the chemotherapies. Most tumors are in your body for more than a decade before they are detected, yet most cancer-related deaths are within the first two years after the tumor's detection – those deaths are related to chemo. Avoid chemotherapy!

Chemotherapy and radiation are only beneficial against tumors at three parts of the body ... two parts of the body if you're a woman ... whereas there are nutritional and psychological techniques which are beneficial against 100% of tumors if you've avoided chemotherapy.

If you have received chemotherapy, eat raw meat (to maintain your muscles), supplement with selenium, and seek out detoxification methods, such as cleanses.

I'd also like to mention that when I researched this topic as heavily as I possibly could with my limited resources, I found reasons to believe in chelation for heavy metal toxicity. Chelation is the name of a process which can resolve your body's chemotoxicity issue, if you've had chemotherapy. Although there are still many questions that are unresolved about EDTA, some clinics offer intravenous chelation processes using a drug called EDTA. EDTA is also used as an additive in potato salads that you can buy at a grocery store; I don't know if that's a good or a bad thing regarding potato salad. My aunt Alina was probably correct when she told me one time that homemade potato salad is better than grocery store potato salad, but homemade takes time which busy people might not have. There's also a natural chelation method via cilantro and chlorella, look it up! Or you can learn a way to chelate with other herbs, maybe even Colloidal Silver ... perhaps. Long story short, chelation is the name of a process that can remove heavy metals from your body. Anything I say about EDTA in this book is an assumption based on a limited amount of anecdotes and some bias literature I've read. I'm not an expert on anything,

I'm just a guy who puts words on pages when and where it looks like those words fit with the rest of the words that are already there.

Now, they'll say that the chemo drugs don't have heavy metals in them; however, the chemically induced illnesses that result from some chemo drugs are the same as the illnesses induced by lead toxicity; likewise, the "side effects" of other chemo drugs are the same "side effects" of mercury toxicity.

If the side effects are the same, the molecules are similar, and methods that chelate mercury from the body may also remove mercury-like chemo chemicals, whereas methods that chelate lead from the body may also remove lead-like chemo chemicals.

It's interesting that there are lead-like chemo chemicals, very interesting since lead poisoning was the obvious cause of tumors in some ancient Roman and Egyptian remains that archeologists dug up. Yes, there were small outbreaks throughout history, but cancer never became common until the industrial revolution of the early twentieth century. Also, chemically engineered fertilizers depleted a lot of our soil of essential nutrients, meaning that now a lot of the vegetables that we buy at the big chain grocery stores are lacking those essential nutrients, such as selenium, and many more. And this means that people who eat way too much food still aren't getting enough nutrients for good health.

Also, according to toxicology reports, the fluoride in your drinking water is more poisonous than lead. In fact, in 1989, Argonne National Laboratories confirmed that when fluoride, an acid, comes into contact with normal cells, those normal cells can sometimes, upon contact with fluoride, become the mutated and atrophied cells which are commonly referred to as "cancer cells," but which are actually the immune system's fighter of candida overgrowths.

The molecules in chemo drugs are basically heavy metals; they're just not admitting it.

According to my sources, EDTA can theoretically detoxify the lead-like chemo chemicals from your body. If chlorella is taken with EDTA, then that combo will remove the lead-like chemo chemicals, and the mercury-like chemo chemicals.

When an average open-minded individual gets diagnosed with cancer, they're immediately rushed into agreeing to undergo chemotherapy. The chemo hurts them. While they're at home, they search the internet, and they find books such as this one, and they preach that chemo is poison, whereas "alternative" treatments are better.

So the patient stops doing chemo, and starts doing alternative treatments, and those alternative treatments are successful in getting rid of all the tumors from that person's body.

But at the start of their cancer battle, when the patient was rushed into undergoing chemotherapy, some of those chemicals that were used in the chemotherapy are still in the body, and can stay in the body for decades. So, even after alternative treatments have resolved all of the tumors, a latent chemo chemical -- which has been laying dormant in the person's body for up to decades -- is suddenly activated, seemingly randomly, and it triggers a sudden decline in muscle mass, and fast weight-loss.

Then the patient is sent to the hospital where they're told, "it's the cancer!" And the person dies in the hospital.

... but it wasn't the cancer. Cancer is just tumors which are just bumps. The bumps cause problems when they cause obstructions, but tumors never result in the fast muscle loss and fast weight loss; those are symptoms of chemotoxicity.

One theory is that the best way to detoxify the chemotherapy chemicals from your body is to do methods which are known to cleanse the body of heavy metal toxins. Even if chemo seems to have resolved your cancer issue, you still need to clean chemo chemicals from your body. So go onto the internet, and search the word chelation; it is spelled c-h-e-l-a-t-i-o-n.

A good chelation method is cilantro and chlorella. Ask your health food store for cilantro and chlorella, or for a heavy metal cleanse. It should say on the bottle how to use it.

The cilantro dislodges the heavy metals, then the chlorella attaches to them and brings them to the digestive system, so you urinate them out!

### **Natural VS Modern, Cure VS Profitability**

The practitioners of modern treatments work within a government controlled and commercially driven paradigm wherein the goal is profit; that goal is threatened by the idea of curing diseases. The American Medical Association (and similar labour unions worldwide) – was formed as an alliance of modern practitioners because the practitioners of original, natural cures, were having more success. The alliance worked, thus causing modern treatments to replace original cures as the “mainstream” and “government approved” methods.

Medical schools to only teach the treatment of illness with drugs made out of chemicals that were manufactured by connected chemical companies.

The practitioners of natural medicine have always had more success than the practitioners of modern (allopathic) treatments.

Natural medicine has CURES for cancer. Modern medicine has a few lucky people.

Dr. Leonard Coldwell is outspoken – among researchers into natural and alternative healing methodologies; he says that natural medicine has over three hundred cures for cancer. I urge you to look into Dr. Leonard Coldwell's materials. I've found a lot of value in his material. I've heard him say that no one is cured by chemotherapy, people that take chemotherapy are cured in spite of it.

The cure protocol I suggested in this book, and other things I mention within this book, might not be approved or endorsed by the modern medical industry because they are cheap and work, thus they threaten the profitability of the expensive chemo, radiation, drugs, and surgery, which don't work. Surgery can remove a tumor, but usually the tumor will grow back within 1-to-5 years unless you fix the nutritional and emotional habits which caused it to appear in the first place.

### **Laugh**

Laughter raises the body's pH. Tumors can't grow in a body wherein the pH is 7.36, and tumors die in a body wherein the pH is 7.88. There are ways to

safely raise your pH to that level, such as organic non-GMO green vegetables, and the Hydrogen Peroxide Protocol. You'll want to go to a health food store and get 35% Food Grade Hydrogen Peroxide. Do not EVER drink it straight. You'll need to dilute a few drops into a cup of water. The method can be found in a book called **THE ONE MINUTE CURE: THE SECRET TO HEALING VIRTUALLY ALL DISEASES** by Madison Cavinaugh. Look up that book; she has a protocol in there for how to use 35% Food Grade Hydrogen Peroxide for how to cure cancer – but her protocol says to drink the diluted H<sub>2</sub>O<sub>2</sub> with meals, whereas I'm saying to drink it an hour before, or three hours after, meals because you don't want to weaken or neutralize your stomach acid, you want to digest your food well. I've actually heard three different protocols with regards to the Hydrogen Peroxide. When you hear the different protocols, you'll know how far you can deviate. And yes, the protocols will be explained later in this book.

Constant honest laughing will get the job done. If you're ticklish, get someone to tickle you.

### **The Floating Word**

A person who is diagnosed with cancer is a person who has a tumor, and/or tumors, somewhere in their body. So basically, the word cancer means nothing. Tumors are the problem! Cancer is a label, a floating word put on top of a set of diseases, all of which are just names for tumors at different parts of the body, and names labeling how the tumor is spreading. For example, a tumor can be labeled a “neoplasm of the whatnot,” and “neoplasm of the whatnot” is the name of a disease which is one of hundreds of diseases which just means you have a tumor somewhere. The word “neoplasm” just means “new growth.” And “of the” is usually followed by a Latin or Greek word for the part of the body where the tumor is. They give all these different words, and call it all sorts of diseases, when it's just the same material. What are the symptoms of cancer? Tumors. A tumor is a symptom of an overburdened pancreas in an acidic body with a candida overgrowth, and possible selenium deficiency.

### **Regarding Dr. Simoncini**

Dr. Tullio Simoncini wrote a book called **CANCER IS A FUNGUS**. Cancer isn't a fungus. Cancer is a label which means you have tumors. Tumors are PART fungus! They can be defeated with anti-fungals, such as baking soda, which is what Dr. Simoncini suggests. But he should be using nature's anti-fungal – salvestrols – instead. But if you're going to use baking soda, please read the book that Dr. Simoncini wrote, because that will explain to you the proper way of using baking soda.

If you don't read the book, but you want to get started with using baking soda, make sure to get it from a health food store. Brand Name baking sodas may contain aluminum, and you don't want aluminum. Aluminum can cause Alzheimer's. If you use baking soda from the health food store, it should be one teaspoon mixed in a cup of water, taken three cups a day for one week, then one teaspoon mixed in a cup of water, taken twice a day for the second week,



then one teaspoon mixed in a cup of water, taken once a day for the third week. Then quit after the third week. The first week is to quickly raise your pH to the right level. The second and third weeks are for maintenance. You have to quit after the third week.

Tumors are a symptom of an overburdened pancreas in an acidic body, with a candida overgrowth! Simoncini likes to inject baking soda to the area of the tumor; that method destroys tumors by fixing the pH in the area where the tumor is. But unless you alkalize the entire body, and relieve the burden on the pancreas, the cancer was never cured -- tumors will form elsewhere in the body, within the body's 18 month cell regeneration period!

If you do the right things for eighteen months, your cancer will have fully been replaced with healthy cells.

### **Regarding Dr. Clark And Mr. Rife**

Dr. Hulda Clark's overall premise is that cancer is a fungus called an intestinal fluke. She's wrong! Tumors are a mixture of fungal mucous and irregular cells and an enzyme called CYP1B1. She describes the "intestinal fluke" as a critter, and she describes it as the cancer. Well, I think she's calling the overgrown candida the intestinal fluke.

One of the treatments she suggests is called a "zapper." She figured out that if certain frequencies of low voltage electrical pulses are zapped into your bloodstream, it can adversely effect tumors. Her book explained how to make a device which can do this. But what she didn't know was that a man named Royal Raymond Rife discovered a similar thing with sound vibrations. The Zapper, and the Rife Machine, have some anecdotal evidence in support of them. But someone who is successful against tumors with these methods will usually suffer a reoccurrence of tumors sometime between 1-to-5 years afterwards ... unless that person adjusts certain nutritional and psychological habits within those 1-to-5 years ... but probably within the 18 month cell replacement cycle.

### **Psychology**

Bad psychological habits may require a process called Dianetics which you can read about if you look it up.

When I talk about psychological habits, I mean things that stress you out, like getting angry over things that just don't matter. If you were on your deathbed, all the trivial arguments in your life just don't matter, so why should they matter at the time when they're occurring? Stress causes acidosis which causes the low pH which allows tumors to form and grow. So don't let things stress you out. If you feel wronged, you could get stressed out if you don't say anything about it. Fighting for a good cause, and expressing yourself honestly, are appropriate things to learn to do more often; don't be shy. You're you. Everyone else is equally themselves. You have just as much right to be who you are as anyone who might criticize you has right to be who they are, which is absolutely full right.

The relief of stress can result in the relief of cancer. Some suggestions for cancer relieving activities include: Smelling flowers, socializing with those

friends who increase your comfort, talking to cats and dogs, watching insects, standing in a woodland stream, sitting on a rock beside a pond, while dipping your big toe in said pond while daydreaming. Taking actions to manifest the content of those daydreams. Writing and reading poetry. And attitude is everything. People who are confident and cheerful heal faster than others because good moods activate the nervous system to open up the cells to accept more oxygen and nutrients.

Herbal stress remedies include: American ginseng, chamomile, passionflower, and valerian root -- all of which can be prepared as teas.  
Breakfast

A healthy breakfast can prevent tiredness and irritability, thus eating a big nutritious breakfast every morning can prevent stress, and it can thus prevent cancer! It's important that breakfast is big because the first 45 minutes of your circadian cycle are the only time when eating strengthens your metabolism. That's why people who eat a big breakfast every day tend to be skinnier, and people who eat a big breakfast every day tend to be healthier because a high metabolism means higher absorption of anti-cancer nutrients!

### **The Sources Of All Disease**

All diseases can be traced to nutritional deficiencies, toxins, electromagnetic chaos, and emotional stress. Nutritional deficiencies make you susceptible to viruses and bacteria. Nutritional deficiencies cause the body to become acidic. An acidic body leads to degenerative diseases, and triggers genetic predispositions. If you're genetically predisposed to get a tumor, you'll never get it if your body never becomes acidic.

Researchers at pharmaceutical companies are not allowed to research anything that can't be patented. You can only patent synthetics, so natural cures aren't researched at pharmaceutical companies. Pharmaceutical companies buy the media and lobby politicians. So it may come as a surprise to most mainstream media and government education saturated brains that the most dangerous toxin is non-prescription and prescription drugs. Think about it, tell your friends.

In our modern world, toxins are in the food, water, and air. Some examples are genetically modified food, fluoride in the water, and chemtrails in the air. What? – you thought GMO food was good? You thought fluoride cleans teeth? You never heard the word “chemtrail”? Look these topics up. (Fluoride confuses the immune system and causes it to attack the body's own tissues, and increases the tumor growth rate in cancer prone individuals.) Electromagnetic chaos is caused by all the wireless devices and satellites, etc. Relax! Don't get stressed-out!

Seriously ... relax. Some people believe that cancer is a physical manifestation of sleep debt.

Think about that.

I'm going to go over a bunch of things that are known natural cures for cancer, but they only work if you get enough relaxation, because sleep is when the body “reboots”, and because stress and nutritional deficiencies tie up muscles and organs causing breathing problems, causing lack of oxygen. The lack of oxygen allows for the acidic environment in which tumors can form and

grow ... and the lack of oxygen causes a lack of energy. This is why tumors/cancers are reversed when you eliminate stress and nutritional deficiencies.

According to Dr. Leonard Coldwell, almost 90% of cancers and illnesses are caused by mental and emotional stress:

-living in constant worries, doubts, fears

-lack of self confidence, lack of self love, lack of hope for the future

-living in constant compromises against yourself -hanging onto the wrong relationship, the wrong job, etc.

Don't let stress build. Stress causes acidosis which is the first precursor for cancer. Even if you know something bad might happen to you on a set day, such as an upcoming trial, remain happy and enthusiastic and polite and harmonious inside yourself and with others.

So, relaxation is the most important key to curing cancer. A good way to relax is to contemplate the following metaphysical concept: "I chose to incarnate into this lifetime for specific reasons. The hobbies I've enjoyed, the hobbies I enjoy, and the things that pleasantly surprise me, are all combining into the skills I need in order to fulfill the reasons for which I've chosen to incarnate into this lifetime. Abundance and health attract to me when my heart and mind feel in balance with my soul, and my heart and mind feel in balance with my soul when I'm performing even the tiniest actions which move me in the direction of my deepest goals, so I must always do things that are relevant to my deepest goals, and I must avoid distractions which don't contribute to this feeling of progression." Contemplate that concept very often.

## **Candida**

The information in this book regarding candida is my interpretation of information I've looked at on the subject of candida. For the best information on this subject, and for up to date information about candida, look up Dr. Jeffrey McCombs.

Candida overgrowth is a precursor to 100% of tumors, and it feeds on undigested food particles in the bowel, producing excess mucous in order to protect itself from being eliminated by the body's immune system; its main food sources are undigested carbohydrates and proteins that enter the bowel from the stomach and small intestine. This is why a colon cleanse, such as via a coffee enema, is recommended by the Gerson Clinic in Mexico which was founded by Dr. Max Gerson, and is currently run by his daughter Charlotte Gerson; however, I suspect that coffee enemas, and colonics in general, disrupt the natural balances of bacterias in your body, possibly causing overgrowths which could lay the foundations for a spectrum of illnesses. So my suggestion is that you look up the term "salt water cleanse" which is basically to drink so much salt water you spray it out your ass, cleaning the colon via the process of elimination which is its purpose, rather than an enema or a colonic.

Tumors cannot exist in a body that hasn't contained an overgrowth of candida. A perfectly healthy person has candida, but it's not overgrown.

Everyone who's taken a pharmaceutical antibiotic in their life has an overgrowth of candida unless they've made an effort to normalize their candida levels. Several treatments that are known of in the world of alternative cancer

research are treatments which do not attack the cancer; they attack the candida overgrowth. If you get rid of the candida overgrowth, tumors cannot grow any further.

Doing a candida cleanse in a cancer case is a race against time, because you're not attacking the tumor itself. You're attacking the overgrown candida in order to stop the tumor from growing. You want to stop it from growing before it's grown too big!

Here's a simple test you can do to monitor your candida levels:

Put a glass of water beside your bed at night, put it at a place where you can have easy access to it when you wake up in the morning. In the morning, spit into that water. Don't make any efforts to make any more of a gob than whatever's in your mouth in the morning.

Wait fifteen minutes, and then stir it a bit. Then observe the cup. If your spit is floating on the top of the water, or if it's dissolving or if it has dissolved, you don't have enough overgrown candida for tumors to form -- you're healthy. But if your spit has formed a cloud or if it's got leggy strings, you've got enough overgrown candida for tumors to form and thrive.

You can do that test regularly to monitor the progress of whichever method you use for your candida cleanse. If you have cancer, or if your body CAN have cancer, your morning spit will form a cloud in the cup of water. If you don't have cancer, or if your body can no longer maintain cancer, your morning spit will float on the top or dissolve, but it'll generally be around the same consistency, or clarity, as the water.

Since overgrown candida is a component of tumors, that spit test is also an accurate indicator of whether or not you still have any tumor material in your body. So the spit test is also good as an alternative to cat- scans for people who use alternative treatments and are refused cat- scans by the medical establishment. However, a major flaw with the test is that older people might not be able to get a full eight -to-ten hour sleep, which is a necessary prerequisite for doing that test. So another alternative to getting a cat- scan, is a test that was developed by Dr. Efren Navarro, MD. He developed a urine test which measures a certain chemical to determine how much tumor material is in a patient's body. To find out how to do the test, and all relevant information about it, please look up the Navarro Medical Clinic.

In general, you need to cleanse the body until it's too healthy to support cancer. You can google the phrase "candida cleanse" and find suggestions.

Some people think that taking 1 cup of 30ppm colloidal silver per day for a month will normalize your candida levels; I do not know if this is true. All I know is that my dad did it, and there was obvious improvement in his various health issues occurring during the time when he was doing that. We've noticed no negative side -effects, nothing that can be directly attributed to it, to our knowledge. If you're going to do a cup of anything that's in water, for a month, you might want to add eight drops of 35% Food Grade Hydrogen Peroxide to it, and remember that that should be an hour before, or three hours after, a meal!

## **VITAMIN D**

You roughly get 5000 IU of vitamin D per every half hour of relaxation in sunlight, whereas a minimum of 15000 IU of vitamin D is the essential amount

that an individual should relax while they absorb or consume each day. So, if you want to get your daily recommended dosage of vitamin D from absorption, then you need to relax for 90 minutes while you are outdoors in the sunlight; and due to the particular solubility of Vitamin D, I am not recommending that you get your vitamin D from consumption of fifteen of those 1000 IU tablets of vitamin D per day. If you sunburn easily, eat more tomatoes. Tomatoes contain lycopene which is a safe internal sunscreen.

## **HEAVY METALS**

Heavy metals are bad for you. I've done a lot of research, and I've learned that the metal -based chemical toxins that you should avoid are aluminum, cadmium, carbon monoxide, chlorine, copper, fluoride, hexavalent chromium, industrial and agricultural chemicals, lead, mercury, nitrates and nitrites, nitrogen dioxide and ozone, polynuclear aromatic hydrocarbons, synthetic and chemical drugs, and tobacco smoke.

Aluminum is found in cans, foil, antacids, pots and pans, baking powder, some cheeses, deodorants, utensils, plant foods, tap water, gardening additives, aspirin, bleached white flour, refined junk foods, chemtrails ... and snow and water sources under chemtrailed areas, such as many locations within NATO countries.

Symptoms of aluminum toxicity can include colitis, constipation, skin ailments, Alzheimers, headaches, memory loss, hyperactivity, skin ailments, loss of appetite/energy, hairloss, thyroid disorders, and learning disorders. Counteracting nutrients include calcium, fiber, lecithin, magnesium, vitamin C, and zinc. Cadmium can be found in batteries, cigarette smoke, coffee, gasoline, metal pipes, plastics, refined foods, steel, water containment. Symptoms of cadmium toxicity can include anemia, dry skin, hair loss, headaches, immune disorders, kidney damage, liver damage, low blood pressure, protein in urine, sugar in urine. Counteracting nutrients include cabbage family vegetables, calcium, copper, fiber, iron, manganese, pectin, selenium, vitamin C, vitamin D, and zinc.

Carbon Monoxide can be found in auto exhaust, smog, and cigarette smoke. Symptoms of carbon monoxide toxicity can include anemia, angina, asthma, bronchitis, emphysema, headaches, memory loss, respiratory disorders. Counteracting nutrients include eleuthero, vitamin A, vitamin B, vitamin C, vitamin E, cystine, bee pollen, and nutritional yeast.

Chlorine can be found in use as a water disinfectant, and in other household chemicals.

Symptoms of chlorine toxicity include vitamin deficiencies and heart problems. Counteracting nutrients include vitamins C and E.

Copper toxicity can come from water containment from plumbing. Symptoms include: zinc deficiency, potassium deficiency, magnesium deficiency, iron deficiency, molybdenum deficiency, GI disorders, and mental disorders. Counteracting nutrients include manganese, molybdenum, vitamin C, Bioflavonoids, and zinc.

Fluoride can come from dental treatments, water containment, bottled water, fertilizers, mouthwashes, fluorinated hydrocarbons, and toothpastes. Symptoms of fluoride toxicity can include abnormal hardening of bones and

teeth, cancer, accelerated aging, brain damage, immune disorders, vitamin deficiencies, mongolism, tumors, thyroid disorders, kidney disorders, genetic damage. Counteracting nutrients include calcium, manganese, vitamin C, and vitamin E.

Hexavalent Chromium can be found in air pollution, water pollution, and tobacco smoke. Symptoms can include cancer, and gastrointestinal disorders. Counteracting nutrients include vitamin C.

Industrial and agricultural chemicals can be found in plant tissues, animal tissues, air, water, soil and food. These can cause vitamin depletion, brain damage, memory disorders, coma, and death. Counteracting nutrients include bee pollen, lecithin, vitamin A, vitamin B, vitamin C, fermented foods, and sauna therapy!

Lead can be found in dyes, paints, gasoline, insecticides, plumbing, pottery, solder, scrap metal, tobacco smoke, and textiles. Symptoms of lead toxicity – and lead-like chemo chemicals – can include cramps, nausea, fatigue, headaches, insomnia, nausea, vomiting, weakness, cancer, nerve disorders, and brain damage. Counteracting nutrients include chlorophyll, cysteine, eleuthero, iron, legumes, beans, pectin, lecithin, phosphorus, cabbage family vegetables, selenium, zinc, vitamin A, vitamin B1, vitamin B2, vitamin B Complex, vitamin C, vitamin D, vitamin E, and sodium alginate.

Mercury can be found in amalgam fillings, fish, soil, fungicides, cosmetics, pesticides, film, plastics, and paint. Symptoms of mercury toxicity – and of mercury-like chemo chemicals – can include: allergies, arthritis, birth defects, cataracts, vision loss, depression, dizziness, epilepsy, fatigue, fever, headaches, insomnia, kidney damage, memory loss, nervousness, paralysis, seizures, and weakness. Counteracting nutrients include cabbage family veggies, calcium, fiber, lecithin, pectin, selenium, sodium alginate, vitamin A, vitamin C, vitamin B complex, vitamin E, cysteine, and nutritional yeast.

Nitrates (such as sodium nitrate and potassium nitrate) and nitrites can be found in processed meats, fertilizers, and water containment. Symptoms of nitrate and nitrite toxicity can include cancer of the bladder, cancer of the liver, cancer of the stomach, heart disease, and high blood pressure. Counteracting nutrients include bee pollen, lecithin, vitamin A, vitamin B complex, vitamin C, vitamin E, and nutritional yeast.

In fact, the addition of nitrates to meat is what makes processed meats carcinogenic. Humans are supposed to eat meat as close to raw as possible. Properly selected meats that are properly prepared are nutritious to humans. Proper preparation doesn't mean cooking all the enzymes out. It means warming it up, or chilling it, until it is a temperature that you can enjoy.

Nitrogen Dioxide and Ozone can be found in smog. They can cause cancer, emphysema, and respiratory disorders. Counteracting nutrients include bee pollen, eleuthero, panax ginseng, vitamin A, PABA with B complex, vitamin C, and vitamin E. Don't let this scare you away from a thing called "ozone therapy" which is a very good and very effective treatment that some progressive clinics offer for cancer patients.

Polynuclear aromatic hydrocarbons can be found in smoke from tobacco products, smoke from wood products, smoke from oil products, and most commercial incense. The symptom of toxicity from these fumes is cancer! The

counteracting nutrients include calcium, iron, selenium, pantothenate, vitamin A, vitamin B1, vitamin B2, vitamin B complex, vitamin C, vitamin E, and zinc.

Synthetic and chemical drugs can be found in pharmaceutical antibiotics, pharmaceutical painkillers, barbiturates, cocaine, heroin, crack, etc. These can lead to birth defects, cancer, vitamin and mineral deficiencies, metabolism disruptions (leading to weight issues, either dramatic losses or dramatic gains), liver damage, mental disorders, sexual disorders, and kidney damage. Counteracting nutrients include bee pollen, eleuthero, multiple minerals, vitamin A, vitamin B complex, vitamin C, bioflavonoids, vitamin E, fermented foods, and lecithin.

Smoke from tobacco products can come from cigars, pipes, and cigarettes. This can lead to various cancers, immune disorders, and lung problems. Counteracting nutrients include selenium, vitamin A, vitamin C, vitamin E, and zinc.

Chelation via EDTA can detoxify your body from copper, lead, cadmium, and aluminum. The spice called tamarind can detoxify your body from fluoride. Cilantro/chlorella protocols, or EDTA/chlorella protocols, may detoxify your body from mercury.

## **COLLOIDAL SILVER**

Silver is not on the list of toxic heavy metals. Silver is **HEALTHY TO INGEST** (at the colloidal/monoatomic level), and it is actually **EXTREMELY GOOD FOR YOU!!!** Silver actually helps the body remove heavy metals through a chelating process!

But let's go deeper into the science of colloidal metals. There are fourteen metals which if burned with electricity turn into a fine white powder referred to by some people as **ORMUS** and monoatomics, and if burned with electricity in water become colloids. Those fourteen metals are: cobalt, rhenium, nickel, osmium, copper, iridium, ruthenium, platinum, rhodium, gold, palladium, mercury, silver, and titanium.

When any of those fourteen metals are burned with electricity in water, they become a colloidal which is suspended in the water. The colloidal versions of each of the fourteen metals don't have the "heavy metal toxicity" attributed to the non- colloidal versions of some of them. And each of these fourteen colloidal metals has different healing purposes. Colloidal silver is an antiviral. Colloidal gold helps your brain and skin. Colloidal copper makes grey hair regain its natural color. Etc, etc. Find the properties of all of them, and make a list! Put the info in your own book! Seriously.

The reason you don't know this is because these colloidal metals are substances called "superconductors," and info about superconductors rarely makes its way out of labs.

## **GELCAPS**

A lot of supplements come packaged in gelcaps when you buy them at the health food store. Gelcaps contain a substance which is very close to **MSG** (Monosodium Glutamate). This substance is an excitotoxin. Fluoride in municipal tap water is also an excitotoxin, by the way. So perhaps you're

asking: What the heck's an excitotoxin? Look it up! I'm trying to stick to the point without going off on tangents, so instead of explaining the topic of excitotoxicity, I'll tell you what matters to cancer patients: ALL EXCITOTOXINS PROVOKE TUMOUR GROWTH! Many great cancer fighting herbs come in gelcaps, and the gelcaps cancel or weaken their effect. Now re - read this paragraph and realize that although a lot of the products I'm about to mention come packaged in gelcaps, you should dump the powder out of the gelcaps and ingest that powder either by itself or mixed in a drink or on food, or however - be creative! Vegetable caps are better.

## **Inflamed Lymph**

When you're dealing with cancer, there are a lot of situations in which one or more lymph nodes can get inflamed, and there are many herbs that can help deal with that. Do not get any lymph nodes removed; it is a barbaric practice.

- Pau D'Arco
- Cleavers
- Ginger Root
- Marigold / Calendula
- Yellow Dock
- ... to name a few!

Exercise, in the form of five-to-twenty minutes of jumping rope, can help.

While one or more lymph nodes are inflamed, it's best to avoid all meat for at least a week since much of the inflammation may be made of trapped blood protein from meat. Some good foods to eat when your lymph is inflamed include:

- Egg whites
- Ocean white fish
- cottage cheese
- yogurt
- brown rice
- millet
- rye
- adzuki beans
- black beans
- quinoa
- celery
- apples
- pears
- strawberries
- all green vegetables, especially juices
- extra virgin cold pressed olive oil
- rice oil
- flax seed oil
- borage oil

Foods to avoid when your lymph is inflamed:



- white sugar
- soft drinks
- ice cream
- candy
- beef
- pork
- lamb
- chicken
- shrimp
- lobster
- crab
- tuna
- fried foods
- overheated fats

You can try supplements which make claims about lymphatic health.

Fasting from solid foods, and fasting from sodium rich foods, and avoiding sugar, may help resolve an inflamed lymph.

Other ingredients which you may find useful for experimenting with in your attempts to bring down an inflamed lymph node are: Spirulina, Apple cider vinegar, baking soda, sea salt, Potassium Iodide, castor oil. (You can mix castor oil with apple cider vinegar and rub it on the swollen part of the neck, or you can drink it.) Adding lemon or lime juice to baking soda may help, especially because nutrients in lemons enhance assimilation of nutrients by mimicking the enzymes of the liver and pancreas; and the lemon tree – which doesn't occupy much space – produces varieties of lemons and limes, each with many known anti-tumor and anti-cyst properties. Other good things for dealing with an inflamed lymph are: Grapeseed extract, green tea, selenium, Vit E, serapeptase, Honey. Raw foods. One gram of vitamin c every hour while awake. Echinacea/Goldenseal gargling a pinch of cayenne pepper OR myrrh in warm water. Lugol's iodine, 4-6 drops in a glass of water on an empty stomach (ask your Doctor first. Anytime anyone makes any suggestion regarding Iodine, ask your doctor before your try it.). Try painting the lymph node with an iodine soaked qtip every day. (Okay?)

**REBOUNTING:** Rebounding (small trampoline) flushes toxins out of the lymphatic system. Since the lymph system has no internal pumping mechanism like the heart - it has to be "moved" or drained out with the assistance of exercise. The up/down motion of jumping on the trampoline allows for the valves in the system to open up - which in turn allows for the fluid (or lymph) to be shaken up and "ushered" out towards the kidneys where it will be disposed of through the urine.

### **Green Smoothies**

1 Romaine Lettuce Head OR 2 stalks of celery 4-5 stalks of Kale (or other dark leafy green) 1-2 Fuji apples (organic recommended)  
 1 organic lemon (remove seeds but do not have to peel if juicing)  
 1-2 in of ginger (optional) Blend or juice and enjoy!

Cutting out sugar from your diet may help. Adding two cups of Apple Cider Vinegar to bathwater, plus mixing in a quarter cup of 35% Food Grade Hydrogen Peroxide to that same bath water, and adding about a cup of epsom salt to that same bathwater, mixing it all together, and then soaking in that bath for a half hour to an hour ... that could help to bring down an inflamed lymph node.

### **More About Candida**

Pau D'Arco is good against candida, but you never know if the brand you're buying has enough of the active ingredient. Take the amount specified on the package.

Garlic is a good fighter against candida. A lot of things fight candida. But you've gotta also avoid certain things while you try to destroy candida.

Avoid sugar. Avoid anything that was made with flour. Avoid potatoes, and other simple carbohydrates such as parsnips, chips, crisps, and crackers. Avoid alcohol, mushrooms, cheeses, red meats, margarine. That's a lot of things to avoid – it might be impossible, eh? Well don't worry. Worry causes more problems than candida ... but candida does contribute to causing cancer, so ... umm ... if it's difficult to avoid all of this stuff which provokes candida growth, try to ingest enough candida killing stuff that it's dying faster than it's growing.

Candida killing stuff include: lemons, limes, plenty of non-fluoridated water, raw garlic, onions, cabbage, broccoli, turnip, kale, fish, fowl, Olive Oil, Butter, Coconut Oil, oregano oil, natural sugarless yoghurt (mixed with two tablespoons of linseed oil, aka flaxseed oil).

In fact, the diet mentioned in the previous two paragraphs can resolve the candida issue in thirty days if, during that diet, you supplement with vitamin C and Undecenoic Acid OR Caprylic Acid.

If all of that is too difficult for you, take three tablespoons of virgin coconut oil per day, and three teaspoons of baking soda per day. Mix the baking soda in water. So that's three cups of water, with one teaspoon of baking soda in each cup. Take the baking soda before meals (on an empty stomach), and take the coconut oil after meals (on a full stomach).

All diseases can be cured if you go through all of the following comprehensive cleanses: a colon cleanse, a comprehensive liver/gall bladder cleanse, a spleen cleanse, a kidney cleanse, a heavy metal cleanse (chelation), a parasite cleanse, and a candida cleanse.

### **The Candida Cleanse Diet**

FOR ONE MONTH...

-Avoid sugar. Avoid anything that was made with flour. Avoid potatoes, and avoid other simple carbohydrates such as parsnips, chips, crisps, and crackers. Avoid alcohol, mushrooms, cheeses, red meats, margarine.

-You can eat lemons, limes, garlic, onions, cabbage, broccoli, turnip, kale, fish, fowl, Olive Oil, Butter, Coconut Oil, oregano oil, natural sugarless yoghurt (mixed with two tablespoons of linseed oil).

-Rice, millet, rice bran, oat bran, are what are called non-glutenous grains, and they are all totally acceptable within this diet. Eggplant is a vegetable, and all vegetables fall within the boundaries of this diet. In case you're curious, this diet is not vegetarian; it can also include chicken. What's most important is that for one month, you avoid the things that are in the avoid category.

-With each meal, take 3000mg of Vitamin C. Make sure that the supplements do not contain soy, artificial sweeteners, or gel.

-With each meal, take EITHER Undecenoic Acid (as directed on the bottle) OR Caprylic Acid (as directed on the bottle). It basically depends on which of those supplements you can find at a local health food store.

If you can plan a one month meal plan for yourself that fits within the rules of this protocol, the candida issue will have been resolved.

Within the first few days, you may find yourself craving sugar. Do not give in to that craving ... or you might have to start all over again.

## **Antioxidants**

Antioxidants should be re-named localized oxygenators, because they turn nitrogen into oxygen in whichever part of the body is affected by the particular antioxidant. Three percent of the oxygen that is processed by the mitochondria in your cells loses an electron and becomes nitrogen unless an antioxidant injects a new electron into that nitrogen, purposing it back to oxygen. Thus, antioxidants allow you to more fully use the oxygen you've acquired, and I believe that oxygen is the cure for cancer. But different antioxidants do their job in different parts of the body. Depending on where your tumor is in your body, and how much nitrogen is in that area, a different antioxidant will help you in your battle against your tumor.

I'm unaware of a list that connects antioxidants with the areas of the body where they best repurpose nitrogen to oxygen, but I'll list a few antioxidants for your investigation. Your antioxidants can include things like Melatonin, which the chemical pushers would have you believe is a neurotransmitter so you'll buy their rubbish about chemical imbalances being a cause of disease, so that you'll buy chemicals to sort out said "imbalances." Melatonin is actually an oxygenator of the brain. If you're going to try taking Melatonin to see if it helps with your cancer, you'll want to make sure to only take it within two hours of when you're going to sleep. Then there's Vitamin C. Some people have had success against cancer by having intravenous high serving vitamin C injections; it catalyzes a process that creates hydrogen peroxide in your system, and it's that hydrogen peroxide that affects the tumor material. I believe that you should just take 35% Food Grade Hydrogen Peroxide, because I believe that adding oxygen is better than repurposing nitrogen back into oxygen ... nitrogen you'd end up peeing out anyway as an ingredient in the ammonia that becomes urine.

## **Anti-Cancer Nutrients**

Eating your vegetables is the cure for more diseases than popping pills with long, multi-syllabic techno-sounding names.

Limit your meat intake! A cancer patient who doesn't want to become a vegetarian should eat no more than between 5%-to-10% of meat in their regular diet. At least 90% of your diet should be vegetables!

If an amateurish vegetarian diet makes your white blood -cell count too high, that's the time to start taking this mixture every other day: 90 minutes of sunlight per day, 100mg resveratrol and same of quercetin, 4000mg of IP6 rice bran, 12000 mg of flaxseed oil, and sprinkle on some crushed garlic clove. Do that every other morning, with breakfast! (Do that on odd numbered days. And on even numbered days, take everything except the resveratrol and quercetin.) That mixture should be started when your white blood cell count is high, but it should continue during the duration of your battle against cancer. All of the ingredients in that mixture are anti-cancer nutrients, and really you should take that mixture regardless of whether or not your white blood cell count is high. The only reason I suggest starting it at that time is because that's when it converts the most white blood cells to these things called macrophages which are capable of kicking cancer's ass.

Also, do not take quercetin on the same day as when you take any supplementation of Vitamin C; that combination causes inflammation. If you make that mistake, take a teaspoon of sea salt with three cups of water, and take 1000mg of turmeric.

Take at least the recommended serving of all of the lettered vitamins on each day when you're fighting cancer. It will promote overall health, and it will help you to avoid problems that are symptoms of vitamin deficiencies.

When you take vitamin E for any reason, try to get vitamin E capsules that contain a dry powder, because the soybean oil in most vitamin E supplements is a tumor growth promoting oil.

Vitamin D is an immune supporter. You'll want to make sure that your Vitamin D supplements don't have yeast, gluten, egg, dairy, artificial colors, preservatives, solvents, alcohol. Be sure not to take much more than the recommended serving on the bottle.

I believe that everybody with cancer has a selenium deficiency, because people aren't getting enough good fruits and vegetables, and selenium is in good soil that they're grown in. When taking selenium, make sure that you never get more than 100mcg of selenium per day, unless you hear contrary information from someone who has studied selenium more than I have.

Selenium is also important for the normal working of the thyroid gland, a gland which regulates metabolism. Meats are acidic, and tumors thrive in an acidic environment. Maintain a diet of mostly fruits and vegetables. The fruits and vegetables – especially green vegetables because green vegetables have chlorophyll -- keep the body's pH levels at an alkaline (non-acidic) level so that the tumors will not grow any farther.

Tumors cannot grow in a 7.36 pH environment.

You should also do a daily serving of one fresh apricot kernel for every ten pounds of body weight. And you split that up and take it with meals. So a 150 pound guy eats five with each meal, and so on. The Apricot Kernels have a chemical in them that's a combination of cyanide and something else. The only thing that separates the cyanide from the "something else" is a type of sugar

that's only found in tumors. So apricot kernels are a direct chemical attack against tumors! (Tumors contain a chemical called glucosidase which unbonds the cyanide from the other atoms. And so the cyanide ONLY effects the tumors.)

The chemical in apricot kernels is called Laetrile, and it's also found in:

Almonds, cherry kernels, peach kernels, pear kernels, plum kernels, broad (vicia faba) beans, burma beans, bitter almonds, macadamia nuts, cashew nuts, blackberries, chokecherries, cranberries, elderberries, raspberries, strawberries, chia seeds, flax seeds, sesame seeds, spinach, oat groats, barley, brown rice, buckwheat groats, flax, millet, rye, wheat berries, bamboo shoots, and other places in nature! Laetrile is also called Vitamin B17.

Some foods can have low amounts of Vitamin B17 -- low is below 100mgs per 100 grams of food; foods that can fall into that category are: Blackberry, Market Cranberry, black beans, black eyed peas, garbanzo beans, green peas, kidney beans, lima beans, shell beans, cashew nuts, the leaves called Beet Tops, Spinach, the leaves called Water Cress, Sweet Potatos, and Yams.

Some foods can have medium amounts of Vitamin B17 -- medium is above 100mgs per 100 grams of food; foods that can fall into that category are: Boysenberry, Currant, Elderberry, Gooseberry, Huckleberry, Loganberry, Mulberry, Quince, Strawberry, Raspberry, buckwheat seeds, flax seeds, millet seeds, squash seeds, garbanzo beans, kidney beans, mung beans, alfalfa sprouts, fava sprouts, garbanzo sprouts, mung sprouts, and macadamia nuts.

Some foods can have high amounts of Vitamin B17 -- high is above 500mgs per 100 grams of food; foods that can fall into that category are: Wild Blackberry, Choke Cherry, Wild Crabapple, swedish lignon, elderberry, apple seeds, apricot seeds, cherry seed, nectarine seed, peach seed, pear seed, plum seed, prune seed, fava beans, mung beans, bamboo sprouts, bitter almond nuts, macadamia nuts, alfalfa leaves, eucalyptus leaves, and cassava tubers.

Vitamin B17 is theoretically a direct chemical attack against tumors, so make sure to include those foods in your diet! Many of those foods contain cofactors which resolve the underlying issues which resulted in the tumors. For example: some of those foods were grown in good soil, so they have selenium. Some of those foods are green vegetables, so they have chlorophyll which raises your body's pH from bad acid to good alkaline. Some of those foods have enzymes which aid pancreatic function. Some of those foods have various anti-candida functions. So you see, taking ONLY B17 will resolve the tumors, but it will not resolve the underlying issues which caused the tumors, so the tumors may return. But taking the whole fruit, the whole vegetable, RAW, will not only resolve the tumors, but it will resolve the underlying issues which caused the tumors as well.

Laetrile does not affect tumors that are in some parts of the throat. Laetrile is a direct chemical attack against ONE component of the several components that make up tumors, so it can defeat tumors, but it doesn't cure cancer ... but neither does chemotherapy. Toxicologically, Laetrile is between Class 1 and Class 2 which means it is virtually non-toxic, whereas most chemotherapies are class 6 which is super toxic. So, if given the choice between Laetrile or chemotherapy, I'd choose Laetrile.

Cancer is a set of diseases all characterized by tumors at different parts of the body. The tumors are SYMPTOMS of the underlying problems which are an overburdened pancreas in an acidic body with a candida overgrowth and possible selenium deficiency. The fact that laetrile can get rid of tumors at many parts of the body DOES NOT make it a cure for cancer. Unless the underlying issues are resolved in the eighteen month cell replacement cycle, the tumors return. Many fruits and vegetables which contain laetrile can reverse cancer due to their containment of COFACTORS such as chlorophyll, in green vegetables, which can resolve the "acidic body" issue and the candida issue, trace amounts of selenium; and enzymes which can resolve the overburdened pancreas issue. The best idea is to eat the WHOLE RAW fruit or vegetable, and not just the part with the laetrile, which is usually the seed or kernel.

You should also take a Zinc supplement on any day when you take laetrile. Zinc carries laetrile to where it's needed.

Raw foods are great! Here's a partial list of anticancer components that can be found in raw foods: Antiestrogens and antiprogestins, Carotenoids, folate, niacinamide, and vitamins A, D, K, and B12, Coenzyme Q10, Ellagic acid, Fiber, Flavonoids, Glucosinolates, Glutathione, Glycolipids and glycoproteins, Immune-enhancing polysaccharides, Indole-3-carbinol, Isothiocyanates, Magnesium, Phytates, Protease inhibitors, Saponins, Selenium (principally in an organic form), Sulphoraphanes, Zinc.

Five to ten servings of fruits and vegetables per day should get you the right amount of those components/cofactors!

Always eat vegetables when you eat meat. The flavonoids in the vegetables will neutralize the carcinogens in the meat, especially in seared meats. They will also reduce the absorption of iron, so that you absorb only enough to maintain your body's needs.

Onions and apples contain a powerful cancer inhibitor called quercetin. Parsley and celery contain an anticancer flavonoid called apigenin, while green tea has a series of chemicals, including epigallocatechin gallate, catechin, and epicatechin, that not only suppress tumors, but also protect the heart and blood vessels.

If you've got a blender, the following fruits and vegetables can be mixed together for flavorific tumor-fighting goodness: Beets, Kale, Broccoli, Parsley, Brussels sprouts, Purple cabbage, Carrots, Spinach, Cauliflower, Tomatoes, Celery, Turnip greens, Blackberries, Oranges, Blueberries, Raspberries, Cranberries, Red currants, Grapefruit, Strawberries.

Blending any five of those ingredients together, and drinking two cups a day, is all you've gotta do to reverse most cancers ... if you avoid chemotherapy. It's best to drink it fresh, but refrigeration preserves many of the necessary enzymes.

Dr. Virginia Livingston discovered a chemical that is similar to vitamin A, called Abscisic acid; it has profound anti-cancer activity, and it is especially found in green leafy vegetables. From Dr. Livingston's book FOOD ALIVE, here is a list of foods containing abscisic acid.

Mangoes  
Grapes

Avocados  
Pears  
Oranges, with the white underpeel and pulps Apples, whole with the seeds  
Strawberries  
Peach Flowers Strawberry Leaves Cherry Flowers Apple Blossoms Pea shoots  
Lima Beans  
Potatoes  
Peas,  
Dwarf Yams  
Sweet Potatoes  
Asparagus  
Tomatoes  
Onions  
Spinach  
All root vegetables, especially Carrots Seeds and Nuts of all Kinds Mature  
Greens

Graviola can stop the cells in the tumor from being able to absorb energy. Get the powder, or empty the powder from the capsules. Mix a heaping teaspoon of the powder in a cup of your favourite juice with every meal. If it enhances the flavor, try adding up to two and a half heaping tea - spoons, as you estimate what's heaping and what's a spoon. Sometimes, if it mixes with the RIGHT juice, you will get a bit of a headache, or a bit of a nausea, or a bit of a vomit. If you experience this, take the EXACT SAME amount of graviola in the EXACT SAME amount of the EXACT SAME juice the next day ... and each day until you pass the threshold wherein that mixture makes you vomit. If you keep getting the same amounts of either nausea or vomiting each time, keep doing it. That's not what's causing it. Become a better manager of the other areas of your life until you are strong enough that this amount of medicine isn't connected with the occurrence of nausea.

Here's a "lead" for your research: Look up an herb called Paw Paw.

The University of Alberta has found a cancer treatment called sodium dichloroacetate (DCA) . But due to red tape from drug companies, it'll probably never hit the pharmacy shelves as a treatment for cancer. But if you google it, you can find companies who are selling it. For maximum effectiveness, mix 12.5mg per kg of the patients body weight of sodium dichloroacetate (DCA) into some cold coffee or cold tea [heat can nullify the effects / 480mg of caffeine per day is the recommendation, so 240mg every 12 hours.] and mix in 500mg worth of crushed up vitamin B1 supplements, and drink that every 12 hours. Only do the "DCA/B1/Caffeine protocol" for a limited time. When the side-effects (ultra-mega -super urination and/or numb fingers and/or numb toes) set in, you have to stop the "DCA/B1/Caffeine protocol." The "DCA/B1/Caffeine Protocol" only works against tumors in some parts of the body; it does not affect tumors in the throat. And even though it gets rid of some tumors, it does not deal with the underlying causes of cancer, so those tumors may reappear within the body's 18 month cell replacement cycle.

If DCA makes your fingers or toes numb, I've found a lead in my investigations which seems to indicate that Cleaver's Herb might resolve that numbness.

Eat cottage cheese along with flaxseed oil! This mixture magnifies the effects of all of the above suggestions because it creates a chemical reaction in the body which makes your cells absorb a higher percentage of the nutrients that you eat.

Muffins made with flaxseed oil kill breast tumors better than chemotherapy. A person with breast tumors should also eat mushrooms, and drink green tea.

Enjoy a cup of Essiac Tea every once in a while!

Essiac was discovered by Rene Caisse who got the info from Natives, and took credit for the discovery, a discovery which was actually made by Natives. She opened a Cancer Treatment Clinic in Toronto which cured thousands of cancer patients between 1934 to 1942, until the government shut it down saying that all the thousands of people who were cured were mistakenly diagnosed. The government likes to lie like that. The primary ingredient in Essiac is Burdock Root which is also present in Hoxsiac, a mixture that was used in Harry Hoxsey's clinics in the southern United States where his Burdock-powered Hoxsiac cured thousands of cancer patients from the 1920s to the 1960s.

Follow the instructions in this book as closely as is comfortable for you, and just relax, because when you're armed with all this info, cancer is nothing to fear!

I've heard of a village in South America where no one has died of cancer in hundreds of years because they make a tonic that cures cancer. The tonic is made with these ingredients:

Red Clover blossom, Licorice root, Buckthorn bark, Burdock root, Stillingia root, Poke root, Barberry root, Oregon Grape root, Cascara Sagrada bark, Prickly Ash bark, Wild Indigo root and Sea Kelp. But I don't know the portions of those ingredients, or any aspect of how it's prepared. All I know is that those are the ingredients for the tonic. All those ingredients are mixed together in some manner, and prepared in some way, and given to the cancer patient, and it cures the cancer. Further investigation is needed before I can say any specifics. Like Popcorn!

If you choose to, you may eat the following supplements like popcorn:

- Vitamin C
- Papaya Enzyme
- IP6 & Inositol

You can't overdose on those supplements, and they have anti-cancer properties. Have fun stuffing your face with them recreation-ally!

### **Eat Raw Meat!**

Every actual human who sees the way that animals are slaughtered would disagree with the way they are slaughtered. Don't disrespect the slaughtered animals further by avoiding their meat. Cooked meat is a treat. Eat it when you're craving an epic mealtime. But when you don't feel like it, you need to eat meals that are less and less cooked, to strengthen your pancreas so that you'll be able to crave, and satisfy cravings for, bigger and bigger epic



meals. You eat uncooked foods to strengthen your ability to attack cooked foods. The winners of eating contests didn't practice eating hot dogs, burgers, steaks, or whatever cooked meat they're competing to eat the most of; they prepared by eating raw meats! And if you're used to eating cooked foods, your pancreas is overburdened! You crave cooked meats too often! The solution isn't to convert to a raw food diet immediately; it's to convert to a raw food diet GRADUALLY! The pancreas is the "control center muscle" at the helm of the following other muscles: your intestines. That's right, your intestines are muscles; when they weaken, they sag herniatically.

Cancer is a sign that you've eaten cooked meat more often than you've craved it, so your pancreas gave out for a bit. If you have cancer, quitting meat entirely is NOT the answer. Meals need to include therapeutic servings of meats that are cooked a bit less than you're used to, and ONLY when you're craving meat. At each mealtime, assess whether or not you're craving meat. If you're not craving meat, have no meat. If you are craving meat, assess how cooked you're craving the meat, and either make it that cooked, or a bit less cooked, whatever truly feels like the right choice. Determine what feels like the right choice by using your mouth (talk to yourself or others) to facilitate a meeting between your heart and your mind. Train yourself to be able to crave meats that are less and less cooked. Your pancreatic strength is determined by how often you crave raw meat. The weak pancreas craves highly cooked meat frequently. A person whose pancreas is strong craves raw meat seven days a week; that keeps the intestines strong and un-saggy. Save cooked meats for holidays, celebrations, and contests.

Give the spirits of the slaughtered animals the dignity, at least, of knowing that some awesome taste came from their sacrifice. The "powers that be" know that to distribute the unjustly slaughtered meats fairly among the equally unjustly impoverished and starving populations of the Third World Countries would cause the people of the Third World Countries to remove from power those who created the corrupt systems that put those people into their state of unjust impoverishment and starvation.

Meat is good for you. As a human, the king of the mammals, you need to eat it in order to be strong enough to defeat the hidden kingdom of predators who set up Oncology as a post that can be and is manned by the chemical industry's most trusted Processors of Product; if you've just been diagnosed, you don't want to waste time with their chemical selling savagery.

### **How To Cure Cancer!**

The cure is simple oxygen (and a candida cleanse, and digestive enzymes). Hydrogen Peroxide dilutes quickly in water, making the water super-healthy, and in fact cancer fighting. What I'm about to tell you is the safest way to raise a person's pH to the level where tumors die. Tumors stop growing in a body where the pH is 7.36, and all tumors completely die in a body where the pH is 7.88 -- this is the most closely guarded secret.

Go to a farm supply store and buy 29% Hydrogen Peroxide (H<sub>2</sub>O<sub>2</sub>), OR go to a health food store and buy the product called 35% Food Grade Hydrogen Peroxide. Both will work equally well. And get some kind of a dropper. DO NOT get the 3% Hydrogen Peroxide which they sell at pharmacies -- that is for

topical applications and it has extra ingredients that are poisonous. The 29% H<sub>2</sub>O<sub>2</sub> they sell at farm supply stores, and the 35% H<sub>2</sub>O<sub>2</sub> they sell at health food stores, don't have extra ingredients; they're good.

A secret which big pharma doesn't want you to know is that H<sub>2</sub>O<sub>2</sub> is "tumor necrosis factor." When tumors die, H<sub>2</sub>O<sub>2</sub> is released to the lungs, causing a relief of stress, which causes the tumor to die thus releasing that H<sub>2</sub>O<sub>2</sub> to the lungs. The cause is also the effect, and the effect is also the cause. The way the scales tilt depends upon metaphysical factors of what all awareness is signaling to the body, and how the body is processing that data. When you choose to heal, you decide to put small servings of H<sub>2</sub>O<sub>2</sub> into the body; that choice to take matters of your body's chemistry into your own hands, and out of the hands of the external forces known as the chemotherapists, will trigger tumor necrosis. When you see the effects of chemotherapy on someone else, it should wake you up to reject chemotherapy, so that you can choose to heal. When you choose to heal, you are deciding to explore other options. That decision is an expression of your faith that an option exists; only when you have that faith, you find books like this which tell you that H<sub>2</sub>O<sub>2</sub> is that option.

So here's the proper way to use H<sub>2</sub>O<sub>2</sub>. This will take patience.

On days 1-to- 3, put three drops of either 29% H<sub>2</sub>O<sub>2</sub> or 35% H<sub>2</sub>O<sub>2</sub> in a cup of water that the patient drinks an hour before, or three hours after, breakfast, put three drops of either 29% H<sub>2</sub>O<sub>2</sub> or 35% H<sub>2</sub>O<sub>2</sub> in a cup of water that the patient drinks an hour before, or three hours after, lunch, and put three drops of either 29% H<sub>2</sub>O<sub>2</sub> or 35% H<sub>2</sub>O<sub>2</sub> in a cup of water that the patient drinks an hour before, or three hours after, supper.

On day 4, put four drops in a cup of water that the patient drinks an hour before, or three hours after, breakfast, put four drops in a cup of water that the patient drinks an hour before, or three hours after, lunch, and put four drops in a cup of water that the patient drinks an hour before, or three hours after, supper.

Add a drop each day, until day 25 when the patient is taking twenty five drops in a cup of water an hour before, or three hours after, breakfast, twenty five drops in a cup of water an hour before, or three hours after, lunch, and twenty five drops in a cup of water an hour before, or three hours after, supper.

In simpler terms ...

DAYS 1-to-3:

3 drops in a cup of water an hour before, or three hours after each meal.

DAY 4:

4 drops in a cup of water an hour before, or three hours after each meal.

Each day, increase at rate of one drop an hour before, or three hours after each meal, until day 25 when ...

DAY 25:

25 drops in a cup of water, an hour before, or three hours after each meal.

What you need to know is that there is a reason for the gradual increase. It's a way to safely bring the body's pH to the level where tumors go away. Tumors stop growing at 7.36pH, and tumors die at 7.88pH. There's no reason to keep tabs on measuring pH since a person can have high pH for years before a problem develops, whereas this protocol only raises your pH for about a month.

Whenever the hydrogen peroxide causes a complication, such as dizziness or nausea, you need to take the same amount the next day, OR one less drop an hour before, or three hours after each meal the next day, to build your tolerance until it no longer causes that complication. Then continue raising the amount you're taking, until you're taking 25 drops an hour before, or three hours after each meal. You should notice some minor improvements from the get-go, but between days 15- to- 25 is when it will taste bad, but it's also when you should be noticing a constant rapid improvement in your situation. You can slow down whenever you want, by lowering the serving and rebuilding, or staying on a serving amount for more than one day, but it's important that you never skip up to the higher serving amounts prematurely. It's all about patience. When you get to 25 drops three times a day, it will taste the worst, but you'll be noticing the most constant rapid improvements in your situation. So stay at 25 drops an hour before, or three hours after each meal for more than one day, stay there (at 25 drops three times per day) for as many days as it takes until it stops causing improvements in your situation.

If the taste is so bad that you cannot get to 25 drops, anywhere between 16-to-25 should be stayed on for about two weeks.

### **THE THREE H2O2 PROTOCOLS**

#1 -- The one mentioned above, in which you gradually increase to twenty-five drops, three times a day.

#2 -- Eight drops in eight ounces of aloe juice, once a day, for thirty-five days.

#3-Anything between protocols 1 and 2.

There is a whole spectrum of diseases and ailments which the above protocols involving 35% Food Grade H2O2 can improve and even cure. That spectrum includes: AIDS, Acne, Allergies, Altitude Sickness, Alzheimer's Disease, Anemia, Angina, Arrhythmia, Arteriosclerosis, Arthritis, Asthma, Bacterial Infections, Bronchitis, Burns, Cancer, Candidiasis, Cardiovascular Disease, Cerebral Vascular Disease, Cholesterol (High), Chronic Pain, Cirrhosis of the Liver, Cluster Headaches, Colitis, COPD, Cystitis, Diabetes Type 2, Diabetic Gangrene, Diabetic Retinopathy, Digestion Problems, Eczema, Emphysema, Epstein-Barr Infection, Food Allergies, Fungal Infections, Fungus, Gangrene, Gingivitis, Gum Disease, Headaches, Hepatitis, Herpes, Herpes Simplex, Herpes Zoster, HIV Infection, Influenza, Insect Bites, Leg Ulcers, Leukemia, Lupus Erythematosus, Lymphoma, Metastatic Carcinoma, Migraine

Headaches, Mononucleosis, Multiple Sclerosis, Open Sores and Wounds, Parasitic Infections, Periodontal Disease, Proctitis, Prostatitis, Rheumatoid Arthritis, Shingles, Sinusitis, Sore Throat, Temporal Arteritis, Trichomoniasis, Ulcers, Vascular Diseases, Vascular Headaches, Viral Infections, Warts, Yeast Infection.

The aforementioned diseases and ailments fall within a spectrum of pH related diseases wherein the proper application of protocols involving 35% Food Grade Hydrogen Peroxide may cure or play an important part in the resolution of the situation.

Protocols involving 35% Food Grade Hydrogen Peroxide may also play an important part in the resolution of many bacterial infections, a list of effected bacterial infections can be found in Madison Cavinaugh's book.

### **The Optimum Health 18 Month Protocol**

--According To One Theory, This Protocol Will Work Best If You Drink One Cup Of Colloidal Gold On The Day Before You Begin The Protocol--

FOR THE ENTIRE 18 MONTHS

- Walk at least twelve blocks each day.
- Three meals per day. 5-to-10% meat, 90-to-95% other such as red fruits and green vegetables.
- Completely avoid fast food, "junk" food, carbonated beverages, and alcoholic beverages.
- 90 minutes of sunlight every day, and perhaps some Vitamin D supplements, though never too much, and make sure that the supplements do not contain soy, artificial sweeteners, or gel.
- No prescription or non- prescription pharmaceuticals UNLESS you compliment them with the nutrients they repurpose. To find out what nutrients a drug repurposes, you do strategic web - searches to cross reference the side-effects of the drug with symptoms of nutritional deficiencies. If you cannot do that confidently, do not take any prescription or non-prescription pharmaceuticals.

MONTHS 1, 4, 7, 10, 13, 16.

Go to a health food store and buy 35% Food Grade Hydrogen Peroxide. If your health food stores don't carry it, either buy it from an online source, or go to a farm supply store and buy 29% Hydrogen Peroxide.

For the entire month, put ten drops of 35% Food Grade Hydrogen Peroxide (or 29%) in a cup of water that you drink three times a day -- one hour before each meal, or three hours after each meal (in other words, on an empty stomach). Ten drops diluted in a cup of water three times a day on an empty stomach for an entire month.

[You might experience short dizzy spells on the first couple of days.]

MONTHS 2, 5, 8, 11, 14, 17.

- Avoid sugar. Avoid anything that was made with flour. Avoid potatoes, and avoid other simple carbohydrates such as parsnips, chips, crisps, and crackers. Avoid alcohol, mushrooms, cheeses, red meats, margarine.
- You can eat lemons, limes, garlic, onions, cabbage, broccoli, turnip, kale, fish, fowl, Olive Oil, Butter, Coconut Oil, oregano oil, natural sugarless yoghurt (mixed with two tablespoons of linseed oil).
- With each meal, take 3000mg of Vitamin C. Make sure that the supplements do not contain soy, artificial sweeteners, or gel.
- With each meal, take EITHER Undecenoic Acid (as directed on the bottle) OR Caprylic Acid (as directed on the bottle).

MONTHS 3, 6, 9, 12, 15, 18.

- Half a cup of 10ppm colloidal silver every morning.
- 1 tsp of Apple Cider Vinegar diluted in a cup of water every morning. Not big name brands. Make sure it says on the bottle that it includes the enzyme called "Mother." -1 tbsp of Virgin Coconut Oil with every meal.

AFTER MONTH EIGHTEEN.

You've pushed the re- set button. You're in perfect health. Do whatever you want. Freedom.

### **THE BIG SECRET!**

For the most part, it seems that pharmaceutical drug "side-effects" are chemically induced illnesses, and they usually fall into two categories:

- 1) Symptoms of nutritional deficiencies.
- 2) Symptoms of element toxicities.

I think that pharmaceutical drugs should be resorted to last in any situation. It seems to follow that if you compliment your pharmaceutical drugs with the nutrients they theoretically repurpose, and/or with protocols that chelate the toxic elements that make up some of the ingredients of any particular pharmaceutical drug, then you might have more success against whatever specific issue you are using the drug to help you tackle.

So let's discuss some vitamins for a bit, to make that point clearer.

### VITAMINS A & D

Vitamin A (Beta Carotene) Recommended Daily Intake (RDI): 5000 IU

- growth and repair of body tissues.
- maintain smooth, soft disease-free skin.
- protects the mucous membranes of the mouth, nose, throat & lungs, reducing susceptibility to infections.
- protects against air pollutants.
- counteracts night-blindness & weak eyesight.

- aids bone and teeth formation.
- reduces risk of lung cancer & certain oral cancers.

SOURCES OF VITAMIN A: Liver, fish-liver oils, carrots, leafy green vegetables.

If the list of possible side-effects of a drug include ...

- Vision problems, such as night blindness
- Hard bumps on skin; rough, dry, scaly skin
- Acne/blackheads
- Frequent infections; increased susceptibility to infections
- Fatigue
- Loss of appetite, loss of smell
- lack of tearing
- impaired or retarded growth
- Painful joints
- Dull hair
- Brittle fingernails
- Crooked/split teeth, bad gums.
- Diabetes
- Greasy hair/skin

... then that drug, in theory, re-purposes vitamin A and/or D that is already in your body. In theory, the drug does not work if you don't already have enough vitamin A and/or D in your body for it to work with. Vitamin A and/or D should be taken along with the drug so that the drug doesn't result in those side-effects, in theory. But even better, a theory goes that perhaps you should not take the pharmaceutical drug at all, and just take several supplements or sources of vitamin A and/or D, until the condition, for which you were prescribed the pharmaceutical, subsides. If you are already experiencing any of the above symptoms, take vitamin A and/or D. Do not eat much more Vitamin A or D supplements than the recommended daily intake on the bottles.

The theory goes on to say that if your body gets enough Vitamins and nutrients, your body will put those vitamins and nutrients into their proper places for your optimum health.

## VITAMIN B

Vitamin B1 (Thiamin) RDI: 1.5mg

- aids metabolism for generating energy
- aids digestion of carbohydrates
- aids function of nervous system, muscles & heart
- stabilizes appetite
- promotes growth & good muscle tone

FOOD SOURCES OF VITAMIN B1: Whole grains, brewers yeast, peas, wheat germ, peanuts, beans.

Vitamin B2 (Riboflavin) RDI: 1.7mg

- enables carbohydrate, fat & protein metabolism
- aids formation of antibodies and red blood cells

- maintains cellular respiration
- helps maintain good vision, skin, nails, and hair.
- alleviates eye fatigue
- promotes general health

FOOD SOURCES OF VITAMIN B2: Poultry, fish, dairy, meat, green veggies like broccoli, asparagus, and spinach.

If the list of possible side effects of a pharmaceutical drug include the following symptoms of B vitamin deficiency ...

- Irritability
- Thoughts of suicide
- Thin hair
- cracks and sores in the mouth and lips
- dermatitis
- lower appetite
- retarded growth
- loss of weight
- insomnia
- constipation; digestive disturbances
- depression, tiredness, weakness, trembling, sluggishness
- mental confusion, paralysis & nervous irritability
- hypersensitive to light
- cracks in corner of mouth
- craving carbs
- Headaches
- aches and pains
- ADD/ADHD
- fears/phobias
- heart and gastrointestinal problems
- abdominal fat
- oily skin
- itching, burning eyes; bloodshot eyes
- purplish tongue

... then, the theory goes, that drug re-purposes B vitamins that are already in your body, and the drug does not work if you don't already have enough B vitamins in your body. B vitamins, in theory, should be taken along with the drug so that the drug does not result in those side effects. But even better, in my opinion, don't take the pharmaceutical drug, and just take several supplements or sources of B vitamins along with every meal until the condition, for which you were prescribed the pharmaceutical, subsides. If you are already experiencing any of the above symptoms, take B vitamins.

Do you understand the theory yet? The theory is that pharmaceutical drugs are useless if you know which vitamins they theoretically repurpose. Just get enough of those vitamins, and the body will put them where they need to go.

In theory, if the list of possible side effects of a pharmaceutical drug include ...

- bruise easy

- hangnails
- tires easy
- gums bleed
- nosebleed
- poor teeth enamel
- slow healing
- skin rough/dry
- bones break easy
- dark circles under eyes
- can't think
- headaches
- craves starches

... then, it's theorized that the drug re-purposes vitamin C that is already in your body, and that the drug does not work if you don't already have enough vitamin C in your body. Vitamin C should be taken along with the drug so that the drug does not result in those side effects. But even better, don't take the pharmaceutical drug, and just take several supplements or sources of vitamin C along with every meal until the condition, for which you were prescribed the pharmaceutical, subsides. If you are already experiencing any of the above symptoms, take vitamin C.

If the list of possible side effects of a pharmaceutical drug include any of the following symptoms of calcium/minerals/zinc deficiency ...

- Muscle cramps
- joint pain
- insomnia
- eczema
- tooth decay
- hyper/anxiety
- craves dairy
- white spots on nails
- stretch marks

... then, it's theorized that the drug re-purposes calcium/minerals/zinc that are already in your body. The drug does not work if you don't already have enough calcium/minerals/zinc in your body. Calcium/minerals/zinc should be taken along with the drug so that the drug does not result in those side effects. But even better, I think, don't take the pharmaceutical drug, and just take several supplements or sources of calcium/minerals/zinc along with every meal until the condition, for which you were prescribed the pharmaceutical, subsides. If you are already experiencing any of the above symptoms, take calcium/minerals/zinc.

So, the theory follows that, if the list of possible side effects of a pharmaceutical drug include ...

- obesity
- slowed mental reactions
- dry hair
- irritability
- cravings for salt



- slow walking
- yellow on the bottom of your feet
- creases in neck
- slurred speech

... then that drug re-purposes iodine that is already in your body. The drug does not work if you don't already have enough iodine in your body. Iodine should be taken along with the drug so that the drug does not result in those side effects. But even better, don't take the pharmaceutical drug, and just take a carefully dosed source of iodine daily, or every second or third day, until the condition for which you were prescribed the pharmaceutical, subsides. If you are already experiencing any of the above symptoms, talk to your Doctor about how to properly supplement with iodine. You can overdose on iodine if you do it wrong. If you consider taking more than one drop in a day, talk to a Doctor -  
 - let a Doctor guide you with iodine.

If the list of possible side effects of a pharmaceutical drug include symptoms that have not been listed above, they are side-effects of element toxicities or deficiencies of other nutrients. If they are symptoms of element toxicities, it means that the drug actually contains elements that can make you sick. My research into literature and people's experiences seem to indicate that chemotherapy drugs tend to have the same symptoms as heavy metal toxicity

#### SYMPTOMS OF HEAVY METAL TOXICITY

##### LEAD

- abdominal pain
- dysfunction of brain
- anemia
- hyperactivity
- reading problems
- slow reflexes
- clumsy
- behavioral problems
- poor growth
- depression/headaches
- restlessness
- impaired memory
- hallucinations
- muscular weakness
- nausea/indigestion
- mental disturbance

##### MERCURY (such as from old style dental fillings)

- loss of coordination
- excessive saliva
- diarrhea
- tremors/vertigo
- moodiness
- loss of teeth

- fatigue
- numbness
- memory loss
- Asthma/anger
- learning problems
- loss of smell/taste
- metallic taste in mouth
- constipation
- frequent night urination
- allergies

### **A NOTE ON SUPPLEMENTATION**

Earlier drafts of this book had a section about what a supplementation regimen can look like. As the supplementation regimen example that was used in those drafts might or might not contribute to an inflammation of lymph nodes in some patients, I am not including that section in this or any further drafts of this book. But I am saying that I believe that to remove an inflamed lymph node is a savage backwards practice of human slaughter. If a lymph node gets inflamed during your tackling of a disease, do what you can to naturally bring the inflammation down. I strongly believe that pharmaceuticals and supplements should be ceased (if possible, ask your Doctor) while a lymph is inflamed. A person should take natural efforts to bring down the inflammation, while patiently pausing their efforts against any illnesses such as cancer. That's my opinion, based on the limited information that I have at my disposal.

In regards to any decisions you make after you have fully read this book, ask multiple Doctors for second opinions and further opinions and further information. I may have ranted against the medical establishment earlier in this book, but as difficult as it might seem to you now that you've read certain facts about that establishment's history in this book, it's important to note that we are all currently on the same side, even when that's difficult to see. So be polite to Doctors and give them respect, but ask for opinions from multiple Doctors before you make any major decisions about your illness.

P.S. Liver disease is caused by a vitamin E deficiency.

You're gonna live a long, long happy abundant life! You, and those in your heart! I love you.

You'll be alright. Peace and one love.

### **Appendix**

RANDOM TIPS AND INFO!

To avoid fluoride, brush your teeth with baking soda and peroxide. Eat tamarind to clear fluoride from your system. And for strong teeth: horse tail, oat straw, comfrey root, lobelia. It's original medicine and modern medicine, not alternative and mainstream. There have been THOUSANDS OF YEARS more of observations regarding original medicine.

Dairy food is unnecessary. It produces mucous which inhibits your body's ability to eliminate toxins.

Root canals almost always lead to prostate cancer or uterine cancer. If a dentist suggests a root canal, say "no". Have the tooth pulled instead.

Antibiotics cause a candida overgrowth, the stage upon which cancer acts.

If you are asleep between 10pm to 6am, your body is releasing a hormone which helps your immune system, your hair, your skin, and even your growth!

He whose profits come from establishing bureaucracies will publish and promote science that does not reflect our experiences of reality.

Vitamin D uses fat to pull calcium into bones, so eating "low fat" or "no fat" foods will result in brittle bones.

A ten minute chess game per day can make a person more focused, and can have a cumulative affect on IQ in the field of a twenty point raise, whereas fluoride in the water has a cumulative twenty point effect on IQ in the opposite direction. Vaccinations inhibit a child's ability to have lucid dreams.

Fear weakens your immune system. Also, eat lots of lemons and drink lots of lemonade ... not the alcoholic lemonade. Colloidal silver and Vitamin D are also good. Eat strong antivirals such as oil of oregano, and garlic.

I suggest that everyone finds bliss, and gets used to bliss :)

Count lessons as blessings, and enemies as angels. Sleep 10pm to 6am. If you sleep during those hours, your body releases hormones that are good for hair, immune system, and skin. For cancer, all you need to do is relax, eat well, and put eight drops of 35% Food Grade Hydrogen Peroxide into eight ounces of Aloe Juice, mix well, and drink it -- do that 35 days in a row, and you'll be fine. Pharmaceutical drugs create nutrient deficiencies when they repurpose nutrients from one place, to cover up symptoms (or deal with an issue) in another place. If people just get enough good nutrients, and enough good sources of oxygen, and if people would trust raw natural food, and trust their body's ability to use all the nutrients from those raw natural foods responsibly, they wouldn't get ill in the first place. Pharmaceutical drug side-effects fall into two categories:

- 1) symptoms of nutritional deficiencies.
- 2) symptoms of element toxicities.

The only safe way to use pharmaceutical drugs is if you're resourceful enough to compliment your pharmaceutical drugs with the nutrients they repurpose, and/or with protocols that chelate the toxic elements that make up some of the drug.

Only read relevant books, because only relevant books put you on a higher intellectual plateau. You can tell a book is relevant if it addresses a question that is on your mind, and does so in the vernacular and syntax of the intellectual plateau that you're on at any given moment, by speaking to you in a way that makes perfect sense to you, without insulting your intelligence. If a book doesn't qualify within all these criteria, then it is not relevant, and you should put it down and open another book. Raise your intellectual plateau with every book, and only read books that are on your current intellectual plateau. I don't find relevant books in libraries and schools.

The oversoul of an animal with cancer will provide that animal with dreams of eating the right herbs to cure that cancer. So set an animal with cancer free, and watch what herbs it eats. Those herbs can also be used to treat human cancers.

Every tumor is made of the same materials: an enzyme called CYP1B1 mixed in a fungal mucous that also binds together with a bunch of cells that the myths spoke by the medical establishment say had been damaged by "free radicals."

12 drops of 30% hydrogen peroxide to every eight ounces of water, spray it in a room to purify the air.

There's information in light. So plants that absorb more light give the eater more wisdom.

Many cancers are a physical manifestation of sleep debt.

If you can perceive it, you've conceived it and you can achieve it.

"You can only build as high up as your foundation is deep ... and strong."

"Follow your bliss." "Be teachable."

"Be able to accept change."

"Be a tincture of what you want, and build from there."

A disease is a dis-ease, and relaxation, while taking care of yourself with exercise and a good diet, cures most diseases. Just making your life easier cures most diseases. For example: many tumors are the result of sleep-debt, meaning you haven't been getting enough sleep. Many tumors are the result of not laughing enough. Many tumors are the result of being in the wrong

relationship. This is absolutely true stuff, but it seems wacky to people who are indoctrinated by the TV and the allopathic medical establishment which is just a front for the multi-billion dollar pharmaceutical industry which sells drugs that merely repurpose nutrients. If you get enough of the right nutrients, you don't need any drugs.

The phrase “non cancerous tumor” is uttered by doctors who know the deal and know their patients intimately enough that they don't want to see their patients die of chemotherapy, so they hope their patient's tumor will go away on its own, which it very well might, 'cause tumors often do go away when you relax deeper than a patient who had chemo can anymore (until they chelate the chemotoxins out of their body)!

### **A Note On Sources:**

Where possible, I mentioned the sources for information within the text. Some sources went unmentioned due to the pace at which I was absorbing them. I compiled most of the information while I was helping my dad; that was a race against time, so I didn't stop to take note of some sources of information. With that said, I hope that this book is a stepping-stone in your own research. Regardless, I feel that the following list of books, if you read them, will support the claims and arguments that are made in this book.

### **BOOKS WORTH READING**

The following books aren't necessarily my sources – though some of them are – but I know that their messages support the claims and arguments in this book.

#### **100 SUPER SUPPLEMENTS FOR A LONGER LIFE**

by Frank Murray

#### **THE ONLY ANSWER TO CANCER**

By Dr. Leonard Coldwell

#### **THE CURE FOR ALL CANCERS**

By Dr. Hulda Clark

#### **CANCER IS A FUNGUS**

By Dr. Tulio Simoncini

#### **NATURAL CURES "THEY" DON'T WANT YOU TO KNOW ABOUT**

by Kevin Trudeau

#### **MORE NATURAL CURES REVEALED**

By Kevin Trudeau

#### **MURDER BY INJECTION: THE STORY OF THE MEDICAL CONSPIRACY AGAINST AMERICA**

by Eustace Mullins

[Chapter three of Mullin's book is all about the history of the cancer industry; it'll enlighten you

about the foundational reasons for why the information in this book is worth paying attention to.]

**CANCER: STEP OUTSIDE THE BOX**

by Ty Bollinger

**WORLD WITHOUT CANCER**

by G. Edward Griffin

**ALTERNATIVE TREATMENT FOR CANCER**

by Ping-Chung Leung & Harry Fong

**ALTERNATIVE CANCER REMEDIES: FACTS FOR  
HISTORIANS AND MEDICAL RESEARCHERS**

by Vance Farrell

**MARIJUANA AS MEDICINE? THE SCIENCE BEYOND THE CONTROVERSY**

by Alison Mack & Janet Joy

**ALIVE AND WELL: ONE DOCTOR'S EXPERIENCE WITH NUTRITION IN THE  
TREATMENT OF CANCER PATIENTS**

by Philip E. Binzel, Jr., M.D.

**THE HERBAL HOME REMEDY BOOK: SIMPLE RECIPES FOR TINCTURES, TEAS,  
SALVES, TONICS, AND SYRUPS**

By Joyce A. Wardwell

**SIDE EFFECTS: DEATH - CONFESSIONS OF A PHARMA-INSIDER**

by John Virapen

**ABSOLUTE BEGINNER'S GUIDE TO ALTERNATIVE MEDICINE**

by Karen L. Fontaine with William Kaszubski

**THE DETOX REVOLUTION: A POWERFUL NEW PROGRAM FOR BOOSTING YOUR  
BODY'S ABILITY TO FIGHT CANCER & OTHER DISEASES**

by Thomas J. Slaga, Ph.D. with Robin Keuneke

**LESSONS FROM THE MIRACLE DOCTORS: A STEP-BY-STEP GUIDE TO OPTIMUM  
HEALTH AND RELIEF FROM CATASTROPHIC ILLNESS**

By Jon Barron

**THE ONEMINUTE CURE: THE SECRET TO HEALING VIRTUALLY ALL DISEASES**

By Madison Cavanaugh

**HYDROGEN PEROXIDE MEDICAL MIRACLE**

By William Campbell Douglass, MD

**THE pH MIRACLE: BALANCE YOUR DIET, RECLAIM YOUR HEALTH**

By Robert O. Young, PhD, and Shelley Redford Young

THE FLUORIDE DECEPTION

by Christopher Bryson with Dr. Theo Colborn

NATURAL COMPOUNDS IN CANCER THERAPY: PROMISING NONTOXIC  
ANTITUMOR AGENTS FROM PLANTS & OTHER NATURAL SOURCES

by John Boik

DIGESTIVE WELLNESS: HOW TO STRENGTHEN THE IMMUNE SYSTEM AND  
PREVENT DISEASE THROUGH HEALTHY DIGESTION

By Elizabeth Lipski, Ph.D., M.S., C.C.N.

OPTIMAL NUTRITION FOR OPTIMAL HEALTH: THE REAL TRUTH ABOUT EATING  
RIGHT FOR WEIGHT LOSS, DETOXIFICATION, LOW CHOLESTEROL, BETTER  
DIGESTION, AND OVERALL WELL-BEING

By Thomas E. Levy, M.D., J.D.

THE CANADIAN ENCYCLOPEDIA OF NATURAL MEDICINE

by Sherry Torkos, B.Sc. Phm.

CANCER: WHY WE'RE STILL DYING TO KNOW THE TRUTH

By Phillip Day

DISMANTLING CANCER

By Francisco Contreras, MD, Jorge Barroso-Aranda, MD, PhD, and Daniel E. Kennedy.

THE MEDICAL MAFIA

By Ghislaine Lanctot

THE GREAT GLOBAL VITAMINS CONSPIRACY

By John M. Connor

EVERYTHING YOU SHOULD KNOW ABOUT CHELATION THERAPY

By Dr. Morton Walker, and Dr. Hitendra H. Shah

THE DAVID ICKE GUIDE TO THE GLOBAL CONSPIRACY

By David Icke

**About The Author:**

Hi, my name's Alan Holman. I know this version of this book was shorter than other versions I've posted online, and the other versions I've sold. I know that the "three prong" protocol, mentioned early in this book, is all the information you really need, and I also know that there are many people who will not take that part seriously due to the indoctrination we're bathed in by our culture. The information regarding cancer in this book is ahead of the curve, I believe. I know that this book will solve a lot of problems for a lot of people.

But anyway, I should use this opportunity to write about myself:

My dream job has always been to be a staff-writer on a popular entertainment fiction TV series. I would find that very fun. I've written a few plays that have been staged locally, and I've written some unproduced TV scripts. To relax, I love to mind my own business and do my own thing, peacefully, with respect to others.

Now that you've read this book, bring any ideas you have for your own treatment plan to multiple Doctors for their professional opinions, and use any of the information from this book at your own risk. The information in this book is an expression of the author's thoughts and beliefs at the moment of publication, and the author is not a medical Doctor. Thank you for your time, and feel free to re-read this entire book.

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